

The *World's Exclusive Educators* of Natural Health Doctors,  
Doctors of Holistic Nutrition, Doctors of Natural Healing, Doctors of  
Sports Nutrition and HygioPhysicians®

*A special "Thank You!" goes to Donald Morrissette and  
Victoria BidWell, Ph.D., for their expert language skills  
in editing for the College of Natural Health.*

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*Letter from the Academics Director*

*Dear Prospective Student,*

*As Academics Director, I would like to congratulate you for taking the initiative towards attaining your educational goals at the Colleges & Universities of Natural Health*

*The Variety of Secular and Non-Secular Degree Programs at our Colleges & Universities of Natural Health and Kingdom University<sup>®</sup>, which also embody the Holistic Health & Healing, Holistic Nutrition and non-secular philosophies, will enable you to gain knowledge in the Holistic Alternative Natural Health Disciplines. This life-saving knowledge is necessary, not only for your own edification and to the advantage of your friends and relatives, but to also allow you to function as a professional health counselor. This could lead to a rewarding and profitable career through helping people to restore and preserve their health.*

*The Colleges & Universities of Natural Health and Kingdom University<sup>®</sup> employ a nontraditional method of study designed to enable you to take advantage of the convenience of a home study program while earning degrees. This method will easily allow the scheduling of study around job and family obligations, while at the same time, allowing you the opportunity to earn credits toward degrees. These credits may also formalize past achievements, work histories and personal life experiences.*

*I would like to take the opportunity to personally thank you for your consideration and for your interest in the College of Natural Health<sup>™</sup>, University of Natural Health<sup>™</sup> and Kingdom University<sup>®</sup> and I invite you to walk this new path with us as you discover the truths and joys of Spectacular Health!*

*May you prosper in good health!*

*Sincerely,*

A handwritten signature in cursive script that reads "Paul Fanny". The signature is written in black ink and is positioned above the typed name.

*Paul Fanny, Ph.D., H.Phys.  
Academics Director*

## *Our Mission Statement*

The purpose of our Colleges & Universities of Holistic Natural Health including our Holistic Nutrition Schools, Natural Healing Colleges and Kingdom University® is to provide opportunities for the professional, career-minded, working student who chooses to further his or her formal education in natural health and healing and/or nutrition or a non-secular program with a practical alternative to traditional, on-campus residency at colleges and universities. Family pressures, time constraints, and strained family budgets can pose insurmountable obstacles to overcome aspirations to return to school and earn credits leading toward a degree and a part-time or full-time professional health counseling career.

Recognizing this dilemma, all students at our Colleges & Universities of Holistic Natural Health including Kingdom University® have discovered the benefits of our nontraditional, home study, accredited Programs, provided through our correspondence courses. Students have the opportunity to dramatically reduce their study time while earning college credits toward post-secondary degrees or credits toward certified courses. Students also have the opportunity to schedule their time around job and family obligations, complete courses at their leisure, eliminate traveling time, and take advantage of our varied, monthly financial payment plans. Also, we provide the option for the student to communicate directly with an assigned tutor or advisor for assistance and instruction from his or her personal learning environments. At our Colleges & Universities of Holistic Natural Health and Healing,™ we make every effort to provide our students with every opportunity to attain their personal, educational, and career goals.

Nontraditional study at our Colleges & Universities provides the opportunity for students to apply earned credits toward a degree in many ways. These earned credits may have been achieved through various means: work/life experiences, curriculum studies, workshops, credit transfers, proficiency examinations, job training assignments, seminars, military training programs and independent reading and writing experiences. A student must complete a “Profile Equivalency Credit Evaluation Report” to determine the number of earned credits that may be applied towards College & University degrees.

More people than at any other time in history are realizing the need of learning how to take charge and be responsible for their own health and wellness. Medical insurance costs are skyrocketing, and individuals that simply cannot afford to be sick need to be instructed in and guided towards a lifestyle that will enable them to attain and maintain vibrant health. The sick need to recognize and acknowledge the true cause of their ailments. By doing so, they will automatically become less dependent on the so-called “miracles” of modern medical technology. Medical and religious professionals, for many generations, have failed miserably in educating people in the spiritual and natural basic requirements of living and maintaining a healthy, spiritual and physical natural way of life. After all, isn't preventing illness a better alternative than trying to cure illness once it has developed?

## **Non-discrimination**

Our Colleges & Universities are in compliance with all requirements imposed by or pursuant to Title VI of the Civil Rights Act of 1964 and the regulations issued thereunder, to the end that no person in the United States, shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity sponsored at this institution. Further, as prescribed in Section 504 of the Rehabilitation Act of 1973, this institution does not discriminate against the handicapped in admission, employment, or activities.

## **Natural Health Home Study Program(s)**

Our Colleges & Universities are long distance post-secondary institutions of higher learning. As correspondence schools, we allow the student to study and work at his or her own pace and in their own personal environment. Initially, most students will undoubtedly enroll in a Program, or sequence of Programs, for their own edification, to learn the basics so as to improve their immediate situations. Excited by what they learn in these beginning studies, many will just naturally want to share this knowledge! Our curriculum teaches these students to share their studies in both formal and informal settings and will help provide the skills they need. These students often begin seeing themselves as taking on part-time or full-time careers in Natural Health; and for these motivated individuals, the sky is the limit above this new field of dreams! Students greatly benefit from the college's flexible and innovative approach to health. Never has there been such an extensive, natural health study program. You will be well satisfied with your new-found knowledge of nature, and your perceptions and approach toward wellness will be unparalleled by any other system of health care in the world!

## **Accreditation**

Our Universities and Colleges of Natural Health are nationally and internationally, nontraditional distance learning schools, granting post-secondary Holistic Nutrition and Holistic Natural Health & Healing degrees, Sports degrees, non-secular Degrees, Naturorthopathic™ and HygioPhysician® degrees. We also provide Holistic Nutrition and Natural Health Certifications through our Certified Holistic Nutrition and Natural Health course Programs.

We are nationally and internationally accredited and authorized to academically conduct business, and to grant degrees as a university and college. We are accredited by the A.A.D.P. (American Association of Drugless Professionals) for our secular programs, and graduates can become A.A.D.P. Board Certified Holistic Natural Health Practitioners.

We are accredited by the NANP (National Association of Nutrition Professionals), who have reviewed and accepted our educational standards. Through the NANP, our graduates can also become Board Certified Holistic Nutritionists.

Our non-secular programs are accredited by the "W.W.A.C." (World-Wide Accrediting Commission of Christian Institutions).

Accreditation ensures that our students will be well-qualified at the post-secondary level after completing our educational programs, and that the quality and standards of our course instruction and methods are maintained at the highest, post-secondary academic level: "in keeping with our Natural Health and Holistic Nutrition Hygienic philosophy."

### **Natural Health Practices—Defined!**

Our Colleges and Universities of Natural Health including Kingdom University® define the Spiritual and Holistic Natural Health and Holistic Nutrition Hygienic practices as a principled, spiritual and physical belief system in the restoration and preservation of health by spiritual and natural, unadulterated means and conditions such as the following: pure water, sunshine, exercise, clean air, cleanliness, proper diet, sleep, rest, correct temperatures, relaxation, poise, and a good mental and spiritual attitude.” Our Natural Health as well as our Spiritual practices are therefore inclusive of the spiritual aspects as well as the human spirit, mind and body. We teach students how to teach others the basic principles and conditions for health, by first identifying them, and then by incorporating them properly into a lifestyle that secures optimum health. Students must then study the strict guidelines relative to the spiritual and natural laws of nature and become familiar with them and live them with a strong degree of proficiency before they can help themselves and teach others a Holistic, Spiritual and Natural Health lifestyle that secure optimum health.

### ***“HygioPhysicians® and Hygienic Doctors™”— Defined!***

*Dorland’s Medical Dictionary*, 27<sup>th</sup> Edition, defines “hygio” [GR. “hygies, healthy”], as in “Hygieology” or “Hygiology,” to mean “the complete science upon which the arts of Hygiene and sanitation are based.” *Strong’s Exhaustive Concordance*, under the Greek and Chaldee Section #5199, defines “hygio” or “hygies” as [GR. “hugies, healthy,” i.e., “well (in body); Fig. true (in doctrine): sound, whole”]. *Webster’s New Universal Unabridged Dictionary*, Deluxe Second Edition, defines “Hygiology,” n., [GR. “hygieia, health” and “logia,” from “legein,” meaning “to speak.”] as “the science of or a treatise on the preservation of health.”

“Physician” is defined by the *J.I. Rodale Synonym Finder* as “a healer.” *Webster’s New Universal Unabridged Dictionary*, Deluxe Second Edition, defines “physician” as “any person or thing that heals, relieves, or comforts.” *Strong’s Exhaustive Concordance*, Hebrew and Chaldee Dictionary #7495, defines “physician” as “from the root word ‘Râphâh’ [raw-faw]: a primitive root; preposition to mend (by stitching), i.e. (fig.) to cure: — cure, (cause to) heal, physician repair, x thoroughly, make whole.” These definitions lead us to the conclusion that a “physician” is simply a “healer and preserver of health.”

We, at the Colleges & Universities, define “HygioPhysicians<sup>®</sup>” as “graduates who are licensed to practice the *Natural Health* philosophies of the Colleges & Universities, which are the natural sciences of the restoration and preservation of natural health by natural, unadulterated means.”

### **What Our Doctors Do Not Do!**

**Diagnose Disease:** The true Holistic Health and Healing practices of our Natural Health Doctors and Counselors do not diagnose disease. Our Doctors analyze and evaluate conditions, symptoms, and lifestyle habits.

**Treat Disease:** The true Holistic Health and Healing practices of our Natural Health Doctors and Counselors do not treat any specific disease, because all disease is simply the general result of one cause: Toxicosis (Toxemia). Our Doctors teach Natural Health principles and lifestyle habits that will remove the root, lifestyle causes of Toxemia and that will, therefore, restore health and prevent disease.

**Prescribe Drugs:** The true Holistic Health and Healing practices of our Natural Health Doctors and Counselors do not believe in the drug/cure paradigm, and do not prescribe drugs. Furthermore, the use of vitamin, mineral, and herbal supplementation is not prescribed in the practices of our Natural Health Doctors. Rather, our Natural Health Doctors depend on naturally occurring vitamins, minerals, and other nutrients built into the plant structure of proper foods for human life that promote optimum health.

**Employ Medical & Alternative Procedures:** The true Holistic Health and Healing practices of our Natural Health Doctors and Counselors do not employ the medical procedures, inclusive of but not limited to surgery, radiation, and chemotherapy. Our Natural Health Doctors support medical intervention only in a crisis to save a life, such as to revive a stopped heart, to perform surgery when a birth canal is not large enough, to remove diseased and/or defective tissues that are life-threatening, to use medication to relieve unbearable pain, and to employ other life-saving procedures not in the aforementioned. Our Natural Health Doctors, do not employ any of the alternative procedures reflected in these so-called “alternative health care systems”: Homeopathy, Herbology, Colonic Therapy, Naturopathy, Chiropractic, Acupuncture, Aromatherapy, Reflexology, Hydrotherapy, Rebirthing, Acupressure, Magnetism, Urinology, etc. To the

extent, however, that all of these alternative procedures reflect our Natural Health teachings, these alternative procedures are sound, invigorating, and beneficial; and to the degree that these various alternative health care procedures do not reflect our true teachings, these alternative care procedures are false, enervating, and harmful

### **Academic Objectives**

The goals of our Colleges & Universities are twofold: first, to provide students with the education needed in the Holistic Health field for genuine health”; and second, to teach students how to teach others through a consultant health practice. Our objectives are to educate and to graduate professional Natural Health Doctors, Doctors of Holistic Nutrition, Doctors of Natural Healing, Holistic Doctors and non-secular Health & Healing Ministers.

### **Enrollment Procedures & Instruction**

When a student enrolls at our Colleges & Universities, the student will be asked to fill out admission forms, after which an advisor shall be assigned to help and guide the student through the process of enrollment. Once the student is enrolled, the advisor will see that the student receives all necessary materials pertaining to the chosen Program of study. Any questions stemming from the Program of study will be answered by the assigned tutor, whose role it will be to help and guide the student through the enrollment process and courses.

### **Lessons & Procedures**

All lessons will require reading material, and some also require videos. Study of the material will be followed by short Self-Help Quizzes. Progress Tests will be followed by Final Examinations. The student will be allowed to go at his or her own pace, which is one of the great benefits of distance learning through correspondence. There are no time limits for completing courses. After completing courses with a satisfactory grade, and after paying the full tuition for the courses taken, a degree will be issued and mailed to the student no later than four to six weeks.

### **Academics Admissions Policy**

There are educational requirements for those seeking to enroll at our Colleges & Universities. A high school diploma or G.E.D. is required to enroll in the Bachelor’s



Degree Program. Students desiring a Master's Degree Program must have completed the Bachelor's Degree Program, and those desiring the Doctorate Programs must have completed the Master's Degree Program. Upon the college and universities evaluation, student transfer credits from another school may be accepted on an individual basis.

### **Confidential Records**

All records are confidential, except general information under the "Family Educational Rights and Privacy Act." If a student does not want any information released, it must be stated in writing. Students have the right to access their records.

### **Diplomas**

All diplomas with the seal of our Colleges & Universities will be sent, once all financial and academic obligations have been met.

### **Grading System**

Our Colleges & Universities issue grades based on a G.P.A. system (grade point average system). A 4.0 G.P.A. is the highest level, while 0.0 is the lowest level. A level of 2.0 must be achieved for the undergraduate and certificate Programs, while a 3.0 must be achieved for the graduate programs.

### **Grading Reports**

All grading reports will be sent after all financial and academic obligations have been met.

### **Transcripts**

Upon written requests and provided all academic and financial obligations have been met, students may request their transcripts to be sent to other schools or employers.

### **Credit & Degree Transfers**

All credit and degree transfers will be determined on an individual basis. All transcripts requested by the college will be released and sent directly to the college for approval and recognition. Transferring credits and degrees attained at the college to another college or

institution is at the discretion of the accepting institution, college, or university; and it is the student's responsibility to confirm whether credits will be accepted. All credit and degree transfers must be submitted in writing to our Colleges or Universities, provided that all financial responsibilities have been met and satisfied. All similar, certified courses at the college can be credited and transferred toward the B.S., M.S., and Ph.D. Programs.

### **Credit Inter-Program Transfers**

Credits earned in the Master Degree Program may be transferred into the Bachelor Degree Program only. Since there is an excess of credits, traditionally speaking, in the Master Degree Program, the credit transfers allow students more creativity and personal

preference with their electives and with the total credit requirements for the Bachelor and Master Degree Programs. All similar, certified courses at the college can be credited and transferred toward the B.S., M.S., and Ph.D. Programs.

### **Credit Requirement & Electives**

We, at the Colleges & Universities, have no traditional credit requirement for completing any of our degree Programs; course completion is the requirement of every degree Program. For those students who are concerned about the traditional credit requirement for each Program, our Colleges & Universities have furnished the traditional 4.0 credits that includes credit transfers and credit for work and life experience. If the student desires to waive all electives to complete our Programs in less time, it is the student's choice to do so. Note that the elective, the Master's Dissertation in the Master's Program, can only be waived if the student intends to enroll in the Doctorate Programs.

### **Credit for Work/Life Experience**

A student who meets the minimum admission requirements may qualify for equivalency credits that convert to credits that can meet the general education requirements found at most universities and colleges. These requirements may be met by work, personal life, and/or professional experiences such as the following: training seminars, military training programs, workshops, independent reading studies, curriculum studies, proficiency examinations, job training, and through other means which shall be determined by a "Profile Credit Equivalency Assessment" conducted by our Colleges & Universities of Natural Health. Completion certificates may be requested by our Colleges & Universities for such experiences. Verification of knowledge and material the student wishes to submit should be sent in a portfolio format for evaluation and assessment.

## **Degree-granting Authority**

As a global, long-distance, correspondence school, our Colleges & Universities reserve the right to grant post-secondary degrees in any American state or foreign country that authorizes the school, according to its articles and by-laws, to operate as an educational organization in accordance with state and governmental laws and statutes of the aforesaid. The American states or foreign countries may vary according to location designated by the Board of Directors. Upon completion of all Degree Programs and providing that all contractual obligations have been fulfilled and completed, the student will be informed as to the origin of the “degree-granting authority,” according to the administrative policies, governmental laws, exemptions, state statutes, and requirements that are in place at that time.

## **Tuition, Fees & Refunds**

See page 13 of this Catalog for the “Cost of Degree Programs.” The amount shown for each College & University Program is the total cost for tuition, a complete set of books and examinations, teacher guidance and test evaluations, grade reports, and an embossed diploma. Shipping & Handling costs are itemized separately.

The student will also be responsible for incidentals, for example, the cost of postage when mailing Progress Tests and Final Examinations to the school to be graded. In the event that students already own textbooks required for any given course, our Colleges & Universities cost of such materials will be deducted from the cost of the Program; and students will be allowed to make use of their own materials, rather than purchase them from the Colleges & Universities. The Colleges & Universities do NOT charge extra fees for such activities as grading and returning examinations, reading and evaluating dissertations, etc.

## **Tuition Inclusions & Miscellaneous Fees**

**Monthly plans will be available for payments on a per individual basis. *There will be no tuition refunded after (3) working days from the date a student receives his or her Program(s), as validated by United States Postal Service records sent to the College. All shipping and handling charges are non-refundable.***

## **Enrollment & Contract Fees (Including Initial Refunds)**

Once the enrollment has been submitted and processed, a financial agreement will be e-mailed to the student listing the details of the student's enrollment. The contract must be signed and returned within five (5) business days, otherwise the student may be assessed

a \$150.00 dollar contract fee in addition to the \$150.00 dollar enrollment fee, and the enrollment process will be canceled. The remaining balance of the initial deposit will be refunded.

### *Withdrawal & Refund Policies*

There will be no tuition refunded after (3) working days from the date a student receives his or her Program(s), as validated by United States Postal Service records sent to the College. There will be a \$150.00 non-refundable processing fee for enrollment and a \$150.00 restocking fee on all orders returned.

Unexpected life circumstances may force a student to withdraw from our Programs. If this should happen, the student may be entitled to a refund, depending on how long the enrollment has been ongoing, how promptly all books and materials have been returned, and the condition of all books and materials returned. If the student withdraws within 30 days of enrollment, and returns all books and materials in excellent condition within two weeks of the withdrawal date, a complete refund, less the Shipping & Handling costs (including a \$150 restocking fee), may be made. For all other withdrawal situations, The College's Withdrawal Schedule is the greater of the "either/or" situations as follows:

31 to 60 days .....	Either \$250.00 minimum or 75% of tuition paid
61 to 90 days .....	Either \$175.00 minimum or 50% of tuition paid
91 to 120 days .....	Either \$100.00 minimum or 25% of tuition paid
More than 120 days .....	No Refund.

### *Shipping & Handling*

For students living within the continental United States, Programs are usually shipped by United States Postal Service, Ground Rate. There is a Shipping & Handling charge of \$95.00 *per Degree Program*. All shipped orders which are refused will carry additional returned shipping and handling charges. All shipping and handling charges are non-refundable.

All students living outside the U.S. shall be responsible for all foreign country import and other taxes. Additional Shipping & Handling charges outside the U.S. shall apply. While some of our most popular courses are available for immediate shipment, others are not. Since Programs are tailored to each student's needs, a certain amount of individualized work must be done in preparation for shipping. Please note that if any books or materials are on back order, they will be shipped at our expense. Accordingly, students will be notified as to when they can expect to receive their courses. All shipped orders that are

refused will carry additional returned shipping and handling charges. All shipping and handling charges are non-refundable.

### **Life After Graduation**

Our Colleges & Universities are not required to help the student to seek employment once he or she has graduated. However, we do assist all students on a limited basis.

## *Holistic Natural Health Degree Programs Offered*

Our Colleges & Universities are the only world-wide post-secondary institutions offering “Holistic Nutrition Degrees” and “Natural Health Degrees” are based on a specialized knowledge concerning the restoration and preservation of Natural Health through natural, unadulterated methods that are based on the Hygienic, Holistic Natural Health Philosophy.

Bachelor of Science in Holistic Natural Health & Nutrition.....B.S.  
 Master of Science in Holistic Natural Health & Nutrition.....M.S.  
 Doctor of Philosophy in Holistic Natural Health ..... Ph.D.  
 Doctor of Philosophy in Holistic Nutrition..... Ph.D.  
 Bachelor / Master of Arts in Holistic Nutrition & Natural Health.....B.A./M.A.  
 Doctor of Philosophy in Natural Health & Holistic Nutrition &  
 HygioPhysician®/Combined.....Ph.D./H. Phys.

### *TUITION FOR NATURAL HEALTH & HOLISTIC NUTRITION DEGREES*

**(NOTE: OTHER PAYMENT PLANS AVAILABLE UPON REQUEST)**

#### *Cost of Degree Programs*

*(Tuition) (Monthly Plan)*  
*48 months*

Bachelor of Science in Holistic Natural Health & Nutrition ...	\$6,395	\$116.67
Master of Science in Holistic Natural Health & Nutrition .....	\$6,995	\$129.17
Doctor of Philosophy in Holistic Natural Health (Ph.D.) .....	\$6,995	\$129.17
Doctor of Philosophy in Holistic Nutrition (Ph.D.) .....	\$6,995	\$129.17
Doctor of Philosophy in Natural Health & Holistic Nutrition & HygioPhysician®/Combined (Ph.D. & H. Phys.).....	\$7,495	\$139.58

#### *Two Degree Combination Programs*

*(Tuition) (Monthly Plan)*  
*60 months*

B.A. / M.A. in Natural Health & Holistic Nutrition.....	\$7,295	\$108.33
B.S. / M.S. in Holistic Natural Health & Nutrition.....	\$8,195	\$123.33
M.S. / Ph.D. in Holistic Nutrition.....	\$8,495	\$128.33
M.S. / Ph.D. in Holistic Natural Health.....	\$8,495	\$128.33

#### *Three and Alternative Degree Combination Programs*

*(Tuition) (Monthly Plan)*  
*60 months*

B.S. / M.S. / Ph.D. in Holistic Nutrition.....	\$8,195	\$123.33
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B.S. / M.S. / Ph.D. in Holistic Natural Health.....	\$8,195	\$123.33
B.S. / M.S. / Ph.D. / H. Phys. In Natural Health & Holistic Nutrition.....	\$8,690	\$131.58

**Please Add a Shipping and Handling Charge of \$95.00.**

**AN INITIAL DEPOSIT OF \$795.00 (plus \$95 for shipping) WILL BE REQUIRED FOR ALL FINANCED DEGREE PROGRAMS. A 20% Prepayment Discount will apply to Bank Checks and Credit Cards.**

We, at the Colleges & Universities, realize that a student may elect to stop furthering their studies after earning just one degree. It is important to keep in mind, however, that earning a Doctorate Degree would be extremely beneficial in the eyes of the community.

## NATURAL HEALTH DEGREE COURSE PROGRAMS & HOLISTIC NUTRITION COURSE PROGRAMS

### BACHELOR of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION

<b>BHHN-101</b>	Human's Natural Biological Diet
<b>BHHN-102</b>	Advanced Holistic Nutrition I: Applied Science of the Acid Alkaline Balance Diet
<b>BHHN-103</b>	Advanced Natural Health Lifestyles & Philosophies
<b>BHHN-104</b>	Advanced "Applied" Nutrition
<b>BHHN-105</b>	Advanced Holistic Nutrition II: Applied Science of the Acid Alkaline Balance Diet
<b>BHHN-106</b>	Neuro Biology of Beliefs: Introduction
<b>BHHN-107</b>	Essay: Herbology
<b>BHHN-108 -E</b>	The Mind of The Spirit

**Elective Marked: “—E” is suggested but NOT required for the above Program**

### MASTER of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION

<b>MHHN-101</b>	Superior Foods & Nutrition
<b>MHHN-102</b>	Phytochemical Composition of Foods Relating to Health
<b>MHHN-103</b>	Advanced Nutrition I
<b>MHHN-104</b>	Advanced Nutrition II
<b>MHHN-105</b>	Raising Children Naturally
<b>MHHN-106</b>	Neuro Physiology of Beliefs: Introduction
<b>MHHN-107</b>	Biological Concepts of Enzymes & Nutrition
<b>MHHN-108 -E</b>	The Nature of Spirituality

**Elective Marked: “—E” is suggested but NOT required for the above Program**

### DOCTOR of PHILOSOPHY in HOLISTIC NATURAL HEALTH

<b>DHNH - 101</b>	<i>Maximum</i> , Body Energy & Energy Healing Concepts
<b>DHNH - 102</b>	PsychoNeuroImmunology
<b>DHNH - 103</b>	Advanced Natural Health I
<b>DHNH - 104</b>	Advanced Natural Health II
<b>DHNH - 105</b>	Natural Health Counseling Practice: The Legal Requirements & Responsibilities of a Natural Health Practitioner
<b>DHNH - 106</b>	Behavioral Science of Disease
<b>DHNH - 107 -E</b>	The Mind of The Spirit

**Elective Marked: “—E” is suggested but NOT required for the above Program**



**DOCTOR of PHILOSOPHY in HOLISTIC NUTRITION**

<b>DHN - 101</b>	<i>Maximum</i> , Body Energy & Energy Healing Concepts
<b>DHN - 102</b>	Advanced Natural Health I
<b>DHN - 103</b>	Advanced Natural Health II
<b>DHN - 104</b>	Holistic Nutrition Counseling Practice: The Legal Requirements & Responsibilities of a Holistic Nutrition Practitioner
<b>DHN - 105</b>	Fasting: The Art of Restoring & Preserving Health
<b>DHN - 106</b>	Behavioral Science of Disease
<b>DHN - 107 -E</b>	The Mind of The Spirit

***Elective Marked: “—E” is suggested but NOT required for the above Program***

**BACHELOR of ARTS in HOLISTIC NUTRITION & NATURAL HEALTH & MASTER of ARTS in HOLISTIC NUTRITION & NATURAL HEALTH COMBINED**

- BNHN-101** Advanced Holistic Nutrition I:  
Applied Science of the Acid Alkaline Balance Diet
- BNHN-102** Physiology: Introduction
- BNHN-103** Advanced Holistic Nutrition II:  
Applied Science of the Acid Alkaline Balance Diet
- BNHN-104** Advanced Natural Lifestyles & Philosophies
- BNHN-105** Raising Children Naturally
- BNHN-106** Nature of Human Physiology
- BNHN-107** Advanced Nutrition I
- BNHN-108** Advanced Nutrition II
- BNHN-109** Advanced Applied Nutrition
- BNHN-110** Neuro Biology of Beliefs: Introduction
- BNHN-111** Advanced Neuro Biology of Beliefs
- BNHN-112-E** The Mind of The Spirit

*Elective Marked: “—E” is suggested but NOT required for the above Program*

**DOCTOR of NATURAL HEALTH & HOLISTIC NUTRITION & HYGIOPHYSICIAN® COMBINED**

- DNHN-101** Advanced Behavioral Science of Disease
- DNHN-102** Maximum, Body Energy & Energy Healing Concepts
- DNHN-103** Fasting: The Art of Restoring & Preserving Health
- DNHN-104** Psychoneuroimmunology: Introduction
- DNHN-105** Advanced Natural Health I
- DNHN-106** Advanced Natural Health II
- DNHN-107** Natural Health & Holistic Nutrition Practice: The Legal Responsibilities & Requirements of a Natural Health & Holistic Nutrition Practitioner.
- DNHN-108** Essay: Herbology
- DNHN-109** Neuro Physiology of Beliefs: Introduction
- DNHN-110** Advanced Neuro Physiology of Beliefs
- DNHN-111-E** The Nature of Spirituality

*Elective Marked: “—E” is suggested but NOT required for the above Program*

# COLLEGE & UNIVERSITY OF NATURAL HEALTH™

## PROGRAM COURSE DESCRIPTIONS

### BACHELOR of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION

- BHHN – 101**      **Humans’ Natural Biological Diet**  
This course teaches the benefits of eating raw foods as a superior form of nutrition. (4.0 credits)
- BHHN – 102**      **Advanced Holistic Nutrition I:**  
**Applied Science of the Acid Alkaline Balance Diet**  
This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person’s power, strength and endurance by as much, at times, as 50% to 100%. Unlike the “Nutrition Dietitians,” we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our “Holistic Nutrition Experts” promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)
- BHHN – 103**      **Advanced Natural Health Lifestyles & Philosophies**  
This course covers all aspects of Hygienic, natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals and Loving and Nurturing Relationships. You will also come to understand the great health benefits of a Hygienic diet and a raw-plant-based, vegetarian diet, vegan diet and raw food diet that are properly food-combined for optimum health and nutrition. (4.0 credits)

**BHHN – 104****Advanced “Applied” Nutrition**

This course details the ideal sources and correct ratios for the three *caloronutrients*, as well as for all other nutrients, that demystifies all health concerns related to eating raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature, and how to correctly utilize the “nutrient-per-calorie” concept for evaluating the nutritional content when planning meals. The course also examines the effects of eating raw fruit on specific health conditions such as candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight.

(4.0 credits)

**BHHN - 105****Advanced Holistic Nutrition II:****Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person’s power, strength and endurance by as much, at times, as 50% to 100%. Unlike the “Nutrition Dietitians,” we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our “Holistic Nutrition Experts” promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances.

(4.0 credits)

**BHHN-106****Neuro Biology of Beliefs: Introduction**

This course will effortlessly help one learn a breakthrough technique that will unleash the full potential of positive and loving thoughts and its healthy effects on one's emotions.

(4.0 credits)

**BHHN-107****Essay: Herbology**

This course exposes the most dangerous of the poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the theses.

(4.0 credits)

**BHHN-108 -E      The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

*Elective Marked: “—E” is suggested but NOT required for the above Program*

## **MASTER of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION**

- MHHN – 101**      **Superior Foods & Nutrition**  
This course covers the nutritional values (vitamins and minerals) of natural foods and presents the superior advantages of organic farming versus chemical farming. The course also exposes the destructive and unbalanced methods of commercial farming and their toxic effects on human consumption. This course teaches you, step-by-step, with pictured illustrations, how to garden in a home-restricted area, as well as how to farm on a larger piece of land. No horticultural course compares, or is as complete, in its well-rounded wealth of easy to understand and practical information!      (4.0 credits)
- MHHN – 102**      **Phytochemical Composition of Foods Relating to Health**  
This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health.      (4.0 credits)
- MHHN – 103**      **Advanced Nutrition I**  
This course presents the most advanced concept on food nutrition, more accurately termed, “orthotrophology,” which means “correct nutrition.” It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health.      (4.0 credits)
- MHHN – 104**      **Advanced Nutrition II**  
This course is a continuation of Advanced Nutrition Part I and further presents the most advanced concept on food nutrition, more accurately termed, “orthotrophology,” which means “correct nutrition.” It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health.      (4.0 credits)
- MHHN - 105**      **Raising Children Naturally**  
This course presents the foundational concepts that should be applied to raising disease-free children. Yes, "disease-free!"      (4.0 credits)
- MHHN - 106**      **Neuro Physiology of Beliefs: Introduction**  
This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors.      (4.0 credits)

**MHHN-107. Biological Concepts of Enzymes & Nutrition**  
This course examines the catalyzing role of enzymes in food nutrition, digestion, assimilation, and health. (4.0 credits)

**MHHN-108 -E The Nature of Spirituality**  
This course will help you as a Christian servant of God to learn the characteristics of *spirituality* according to the Christian Holy Scriptures, and how to become filled with “spiritual discernment.”  
(4.0 credits)

*Elective Marked: “—E” is suggested but NOT required for the above Program*

## **DOCTOR of PHILOSOPHY in HOLISTIC NATURAL HEALTH**

- DHNNH – 101**      **Maximum, Body Energy & Energy Healing Concepts**  
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing of disease. (4.0 credits)
- DHNNH – 102**      **Psychoneuroimmunology**  
This course provides an excellent overview of the science of Psychoneuroimmunology and its philosophies, which laid the groundwork for modern-day “mind/body” healing techniques in the medical and healing arts worlds. The student's attention is drawn to many experiments, proving the authenticity of the concepts unique to Psychoneuroimmunology. (4.0 credits)
- DHNNH – 103**      **Advanced Natural Health I**  
This course presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of health by natural, unadulterated, Hygienic means. (4.0 credits)
- DHNNH – 104**      **Advanced Natural Health II**  
This course is a continuation of Advanced Natural Health Part I and further presents the greatest Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of health by natural, unadulterated, Hygienic means. (4.0 credits)
- DHNNH – 105**      **Natural Health Counseling Practice: The Legal Requirements & Responsibilities of a Natural Health Practitioner**  
This course teaches the legal “in's & out's” and “do's & don'ts” of a Natural Health counseling practice. The course also presents very advanced and highly effective counseling techniques that will enable the Natural Health Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits!(4.0 credits)



**DHNNH – 106****Behavioral Science of Disease**

This course focuses on the correction of disease through a process referred to as "Orthopathy." "Ortho" means "upright, correct." "Pathology" means the "study of disease" or "the study of suffering." "Disease is right action or right suffering," says Dr. Jennings, the greatest pathologist of the 19th century. This course covers definitions, etiologies, and very effective, Natural and Hygienic healing formulas for disease as presented by Dr. Herbert M. Shelton.

(4.0 credits)

**DHNNH – 107 -E The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

***Elective Marked: “—E” is suggested but NOT required for the above Program***

## **DOCTOR of PHILOSOPHY in HOLISTIC NUTRITION**

- DHN – 101**      **Maximum, Body Energy & Energy Healing Concepts**  
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing of disease. (4.0 credits)
- DHN – 102**      **Advanced Natural Health I**  
This course presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of health by natural, unadulterated, Hygienic means. (4.0 credits)
- DHN – 103**      **Advanced Natural Health II**  
This course is a continuation of *Advanced Natural Health Part I* and further presents the great Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of health by natural, unadulterated means. (4.0 credits)
- DHN – 104**      **Holistic Nutrition Counseling Practice: The Legal Requirements & Responsibilities of a Holistic Nutrition Practitioner**  
This course teaches the legal “in’s & out’s” and “do’s & don’ts” of a Holistic Nutrition counseling practice. The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Nutrition Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits!  
(Part I: 4.0 credits) (Part: 4.0 credits)
- DHN – 105**      **Fasting: The Art of Restoring & Preserving Health**  
This course demystifies the practice of fasting, when ill, and presents the amazing usefulness of the practice in restoring health. During a fast, the body rests and then uses recuperated energy to repair itself. Fasting is thus the quickest, safest and most natural practice known to reverse and completely eliminate acute disease. Fasting is also highly effective in arresting, if not reversing, virtually all chronic diseases, provided that cellular integrity and organic structure have not been irreversibly compromised. When the cellular integrity and the organic

structures have been compromised, complete reversal and recovery may not be possible; but arrest of the disease process and higher levels of health can in most cases be achieved. (4.0 credits)

**DHN – 106**

**Behavioral Science of Disease**

This course focuses on the correction of disease through a process referred to as "Orthopathy." "Ortho" means "upright, correct." "Pathology" means the "study of disease" or "study of suffering." "Disease is right action or right suffering," says Dr. Jennings, the greatest pathologist of the 19th century. This course covers definitions, etiologies, and effective Natural and Hygienic healing formulas for disease as presented by Dr. Herbert M. Shelton.

(4.0 credits)

**DHN–107 -E**

**The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

***Elective Marked: “—E” is suggested but NOT required for the above Program***

**BACHELOR of ARTS in HOLISTIC NUTRITION & NATURAL HEALTH &  
MASTER of ARTS in HOLISTIC NUTRITION & NATURAL HEALTH COMBINED**

**BNHN-101      Advanced Holistic Nutrition I:**

**Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)

**BNHN-102      Physiology: Introduction**

This course presents an introductory overview of the study of anatomy and physiological processes of the human body, including the study of some of the body's diseases to which the person who lives outside the Laws of Life is prone. (4.0 credits)

**BNHN-103      Advanced Holistic Nutrition II:**

**Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Nutrition Dietitians," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the health seeker prone to needless physical injuries, which could have been avoided, due to bad nutrition practices. Our "Holistic nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the health seeker to attain and maintain the ultimate power, strength and endurance for all physiological performances. (4.0 credits)

- BNHN-104**      **Advanced Natural Lifestyles & Philosophies**  
This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships.  
(4.5 credits)
- BNHN-105**      **Raising Children Naturally**  
This course presents the foundational concepts that should be applied to raising disease-free children. Yes, "disease-free!"      (4.0 credits)
- BNHN-106**      **Nature of Human Physiology**  
This course examines one of Dr. Shelton's greatest poetic work on Hygienic, natural health philosophies. Dr. Herbert M. Shelton was considered the greatest, Hygienic Doctor of the 20th century. In his teachings, he illustrates the complete concepts of nature and man's relationship to "the organic laws of life," laws that must be obeyed, else one suffer the penalties for violating nature's laws. The student will learn that nature's movements are always striving upwards toward ultimate health and that violation of these laws results in disease and suffering.  
(4.0 credits)
- BNHN-107**      **Advanced Nutrition I**  
This course presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health.      (4.0 credits)
- BNHN-108**      **Advanced Nutrition II**  
This course is a continuation of Advanced Nutrition I and further presents the most advanced concept on food nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health.      (4.0 credits)

- BNHN-109**      **Advanced Applied Nutrition**  
 This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies and the healthful management of weight.  
 (4.0 credits)
- BNHN-110**      **Neuro Biology of Beliefs: Introduction**  
 This course will effortlessly help one learn a breakthrough technique that will unleash the full potential of positive and loving thoughts and its healthy effects on one's emotions.  
 (4.0 credits)
- BNHN-111**      **Advanced Neuro Biology of Beliefs**  
 This course will teach you why your brain is the hardware of your soul and the very essence of a human being. It will teach you scientific evidence that your anxiety, depression, anger, obsessive and compulsive behaviors are related to the Neuro Biological workings of your brain.  
 (4.0 credits)
- BNHN-112 -E**      **The Mind of The Spirit**  
 This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.  
 (4.0 credits)

***Elective Marked: “—E” is suggested but NOT required for the above Program***

**DOCTOR of NATURAL HEALTH & HOLISTIC NUTRITION & HYGIOPHYSICIAN®**

- DNHN-101**      **Advanced Behavioral Science of Disease I**  
This course focuses on the correction of disease through a process referred to as "Orthopathy." "Ortho" means "upright, correct." "Pathology" means the "study of disease" or "the study of suffering." "Disease is right action or right suffering," says Dr. Jennings, the greatest pathologist of the 19th century. This course covers definitions, etiologies, and very effective, Natural and Hygienic healing formulas for disease as presented by Dr. Herbert M. Shelton. (4.0 credits)
- DNHN-102**      **Maximum, Body Energy & Energy Healing Concepts**  
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing of disease. (4.0 credits)
- DNHN-103**      **Fasting: The Art of Restoring & Preserving Health**  
This course demystifies the practice of fasting, when ill, and presents the amazing usefulness of the practice in restoring health. During a fast, the body rests and then uses recuperated energy to repair itself. Fasting is thus the quickest, safest and most natural practice known to reverse and completely eliminate acute disease. Fasting is also highly effective in arresting, if not reversing, virtually all chronic diseases, provided that cellular integrity and organic structure have not been irreversibly compromised. When cellular integrity and organic structures have been compromised, complete reversal and recovery may not be possible; but arrest of the disease process and higher levels of health can in most cases be achieved. (4.0 credits)
- DNHN-104**      **Psychoneuroimmunology: Introduction**  
This course provides an excellent overview of the science of Psychoneuroimmunology and its philosophies, which laid the groundwork for modern-day "mind/body" healing techniques in the medical and healing arts worlds. The student's attention is drawn to many experiments, proving the authenticity of the concepts unique to Psychoneuroimmunology. (4.0 credits)

- DNHN-105**      **Advanced Natural Health I**  
 This course presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0 credits)
- DNHN-106**      **Advanced Natural Health II**  
 This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of natural health by natural, unadulterated means. (4.0 credits)
- DNHN-107**      **Natural Health & Holistic Nutrition Counseling Practice: The Legal Responsibilities & Requirements of a Natural Health & Holistic Nutrition Practitioner: Part I & II**  
 This course teaches the legal "ins & outs" and "dos & don'ts" of a Natural Health & Holistic Nutrition Counseling Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Natural Health and Holistic Nutrition Practitioner to show clients and students how to restructure their thinking processes on how to overcome self-sabotage, while achieving amazing success in their healthful living habits!  
 (Part I: 4.0 credits) (Part II: 4.0 credits)
- DNHN-108**      **Essay: Herbology**  
 This course exposes the most dangerous of the poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.0 credits)
- DNHN-109**      **Neuro Physiology of Beliefs: Introduction**  
 This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)



**DNHN-110**

**Advanced Neuro Physiology of Beliefs**

This course will help you develop and maintain a magnificent mind by increasing your memory, concentration and free-flowing creativity as well as to develop better impulse controls and mastery over potential addictions. This course will, in addition, help you develop the ability to relax and enjoy all of life's natural pleasures such as satisfying relationships. (4.0 credits)

**DNHN-111-E**

**The Nature of Spirituality**

This course will help you as a Christian servant of God to learn the characteristics of *spirituality* according to the Christian Holy Scriptures, and how to become filled with “spiritual discernment.”

(4.0 credits)

***Elective Marked: “—E” is suggested but NOT required for the above Program***

## **NON-SECULAR DEGREE & CERTIFICATION PROGRAMS**

### **Non-Secular Degree Programs Offered**

Bachelor of Arts in Spiritual Health & Healing ..... B.A.  
 Master of Arts in Spiritual Health & Healing ..... M.A.  
 Doctor of Philosophy in Spiritual Health & Healing ..... Ph.D.

### **Non-Secular Combination Degree Programs**

B.A./M.A. in Spiritual Health & Healing ..... B.A./M.A.  
 B.A./M.A. in Spiritual Health & Healing ..... M.A./Ph.D.  
 B.A./M.A./Ph.D. in Spiritual Health & Healing ..... B.A./M.A./Ph.D.

## **TUITION FOR NON-SECULAR DEGREE PROGRAMS**

**(NOTE: OTHER PAYMENT PLANS AVAILABLE UPON REQUEST)**

	<u><b>(Tuition)</b></u>	<u><b>48 Months</b></u>
Bachelor of Arts in Spiritual Health & Healing .....	\$6,495	\$118.75
Master of Arts in Spiritual Health & Healing .....	\$6,695	\$122.92
Doctor of Philosophy in Spiritual Health & Healing.....	\$6,895	\$127.08

### **Non-Secular Combination Degree Programs**

	<u><b>(Tuition)</b></u>	<u><b>60 months</b></u>	<u><b>72 months</b></u>
B.A. / M.A. in Spiritual Health & Healing.....	\$8,395	\$126.67	
M.A./Ph.D. in Spiritual Health & Healing.....	\$8,895	\$135.00	
B.A. / M.A. / Ph.D. in Spiritual Health & Healing.....	\$10,585		\$135.97

### **Ordained Minister & Certification Study Programs**

Licensed Ordained Minister..... L. Min.  
 Certified Christologist/Certified Ecclesiologist™ ..... C.C./E.C.

**Tuition for Ordained Ministers & Certified Ecclesiologists™**

	<b>(Tuition)</b>	<b><u>60 months</u></b>
Ordained Minister Certificate(included in all degree programs)	N/C	
Ordained Minister License.....	\$799	
Certified Christologist™/Certified Ecclesiologist™.....	\$8,565	\$129.50

**Please Add a Shipping and Handling Charge of \$95.00.**

**AN INITIAL DEPOSIT OF \$795.00 (plus \$95 for shipping) WILL BE REQUIRED FOR ALL FINANCED DEGREE PROGRAMS. A 20% Prepayment Discount will apply to Bank Checks and Credit Cards.**

## **NON-SECULAR DEGREE PROGRAMS**

### **BACHELOR OF ARTS IN SPIRITUAL HEALTH & HEALING**

- BSHHN-101** Spiritual Organization Defined (Ecclesiology & Christology)
- BSHHN-102** Spiritual Holistic Health & Healing Ministry Defined
- BSHHN-103** Ordained Holistic Health & Healing Minister Defined
- BSHHN-104** Neuro Biological Science of Faith: Introduction
- BSHHN-105** Advanced Neuro Biological Science of Faith
- BSHHN-106** Bible Diet Part I: The AAA Diet® (Acid Alkaline Association)
- BSHHN-107** Advanced Concepts of Enzymes & Nutrition
- BSHHN-108** Anatomy & Physiology: Introduction
- BSHHN-109** Advanced Natural Lifestyle Concepts
- BSHHN-110** Advanced "Applied" Nutritional Concepts
- BSHHN-111** Bible Diet Part II: The AAA Diet® (Acid Alkaline Association)

### **MASTER OF ARTS IN SPIRITUAL HEALTH & HEALING**

- MSHHN-101** The Nature of Spirituality Defined
- MSHHN-102** Spiritualizing Through a Good Physical Conscience
- MSHHN-103** Blood: The Waters of Life
- MSHHN-104** Growing Superior Foods For Superior Nutrition
- MSHHN-105** Advanced Behavioral Kinesiology & The Spiritual Levels
- MSHHN-106** Composition & Facts About The Powerful Healing Effects of Foods & Nutrients
- MSHHN-107** Advanced Human Physiology & Its Spiritual & Physical Nature
- MSHHN-108** How to Raise Children Naturally
- MSHHN-109** Advanced Nutritional Concepts I (Bible Diet)
- MSHHN-110** Advanced Nutritional Concepts II (Bible Diet)
- MSHHN-111** Neuro Physiological Science of Faith
- MSHHN-112** Advanced Neuro Physiological Science of Faith
- MSHHN-113** Essay: Herbology

**DOCTOR OF PHILOSOPHY IN SPIRITUAL HEALTH & HEALING**

- DSHHN-101** The Science and Behavior of Disease
- DSHHN-102** Maximum Natural Healing & Energy Concepts
- DSHHN-103** Spiritual Fasting: The Restoration & Preservation of Spiritual & Physical Health
- DSHHN-104** Psycho Neuroimmunology & Its Effects on The Immune System
- DSHHN-105** Advanced Natural Health & Healing Concepts I
- DSHHN-106** Advanced Natural Health& Healing Concepts II
- DSHHN-107** Christian Health & Healing Practice: The Legal Requirements of an Ordained Minister
- DSHHN-108** Thesis or The Physiology of Sports Nutrition (**Students Choice**)
- DSHHN-109** The Mind of The Spirit

## **ORDAINED MINISTER & CERTIFICATION STUDY PROGRAM**

### **ORDAINED MINISTER LICENSE**

<b>OML-101</b>	Spiritual Organization Defined (Ecclesiology & Christology)
<b>OML-102</b>	Spiritual Holistic Health & Healing Ministry Defined
<b>OML-103</b>	Ordained Holistic Health & Healing Minister Defined
<b>OML-104</b>	The Nature of Spirituality—Defined
<b>OML-105</b>	Spiritualizing Through a Good Physical Conscience®
<b>OML-106</b>	Blood: The Waters of Life
<b>OML-107</b>	The Mind of The Spirit

### **CERTIFIED ECCLESIOLOGIST™ & CERTIFIED CHRISTOLOGISTS™**

<b>EC-101</b>	Christian Organization Defined (Ecclesiology & Christology)
<b>EC-102</b>	Christian Holistic Health & Healing Ministry Defined
<b>EC-103</b>	Ordained Holistic Health & Healing Minister Defined
<b>EC-104</b>	The Nature of Spirituality Defined
<b>EC-105</b>	Spiritualizing Through a Good Physical Conscience®
<b>EC-106</b>	Blood: The Waters of Life
<b>EC-107</b>	The Mind of The Spirit
<b>EC-108</b>	Advanced Natural Lifestyle Concepts
<b>EC-109</b>	Advanced "Applied" Nutritional Concepts
<b>EC-110</b>	Bible Diet Part I: The AAA Diet® (Acid Alkaline Association)
<b>EC-111</b>	Bible Diet Part II: The AAA Diet® (Acid Alkaline Association)
<b>EC-112</b>	Advanced Natural Health & Healing Concepts I
<b>EC-113</b>	Advanced Natural Health & Healing Concepts II
<b>EC-114</b>	Biblical Counseling Practice: The Legal Requirements of an Ordained Minister

## HOLISTIC CHRISTIAN HEALTH & CHRISTIAN HEALING DEGREE PROGRAMS

### BACHELOR of ARTS in SPIRITUAL HEALTH & HEALING

#### **BSHHN – 101      Spiritual Organization Defined (Ecclesiology & Christology)**

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshiping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

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We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events.  
(4.0 credits)

#### **BSHHN – 102      Spiritual Holistic Health & Healing Ministry Defined**

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures.  
(3.0 credits)

**BSHHN – 103**

**Ordained Holistic Health & Healing Minister Defined**

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards Pristine "spiritual and physical" Health. (4.0 credits)

**BSHHN – 104**

**Neuro Biological Science of Faith: Introduction**

This course brings Biblical principles and Neuro biological sciences working synergistically together to encourage the full potential of positive and loving thoughts on emotions that will enhance optimum spiritual and physical health. (4.5 credits)

**BSHHN – 105**

**Advanced Neuro Biological Science of Faith**

This course will teach you the Biblical and Scientific evidence why your emotions such as Love, Anger, Anxiety, Joy and Depression are related to the Neuro Biological functions of the brain. (4.5 credits)

**BSHHN – 106**

**Bible Diet Part I: The AAA Diet® (Acid Alkaline Association)**

This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods. (4.5 credits)

**BSHHN – 107**

**Advanced Concepts of Enzymes & Nutrition**

This course will teach you the importance and functions of enzymes required for superior digestion and assimilation of food nutrients, which in turn are required for optimum nutrition for the restoration and maintenance of the body's energy and self healing powers so the body can attain the maximum health, power, and strength of our God given physiological and biological body functions. (4.5 credits)



**BSHHN – 108**

**Anatomy & Physiology: Introduction**

This course is the basic study of the human anatomical composition & physiological processes of the human body in relation to what constitutes a healthy or diseased body condition. (4.5 credits)

**BSHHN – 109**

**Advanced Natural Lifestyle Concepts**

This course covers the laws of nature required to attain superior health, power, strength and endurance. First, we need to learn how to "Remove The Cause of Physiological and Biological diseases aside from violating the spiritual laws of God by avoiding defiling the flesh. The Israelites were given many laws in the Bible in relationship to food and lifestyle habits so they could avoid defiling the flesh which would be viewed as unclean before the eyes of God. This means freedom from various addictions such as overeating, acid-forming foods and other fleshly desires including unloving relationships whether personal or professional. We must learn to include outside activities such as fresh air and exercise, adequate rest and sleep so we can awake refreshed to perform our daily activities with vim and vigor and to our utmost Christian potential. (4.5 credits)

**BSHHN – 110**

**Advanced "Applied" Nutritional Concepts**

This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of fruits and vegetables can exert on such conditions as heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions. (4.5 credits)

**BSHHN – 111**

**Bible Diet Part II: The AAA Diet® (Acid Alkaline Association)**

This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.5 credits)

## MASTER of ARTS in SPIRITUAL HEALTH & HEALING

### **MSHHN – 101      The Nature of Spirituality Defined**

This course will help you as a Christian servant of God to learn the characteristics of *spirituality* according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment."  
(4.5. credits)

### **MSHHN – 102      "Spiritualizing" Through a Good Physical Conscience**

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God.  
(4.5 credits)

### **MSHHN – 103      Blood: The Waters of Life**

This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use.  
(4.5 credits)

### **MSHHN – 104      Growing Superior Foods For Superior Nutrition**

This course will teach you why growing organic foods contain the full complement of vitamins and minerals for superior nutrition versus growing foods which contain only four or five commercial mineral fertilizers that are inferior and lack the full complement of vitamins and minerals which would deprive the body of superior health. This course will also teach the student why organically grown foods that are pesticide free will lead to superior health versus commercially grown foods that contain pesticides will only deprive the body of superior health while being a potential source and cause of human disease.  
(4.5 credits)

- MSHHN – 105**     **Advanced Behavioral Kinesiology & The Spiritual Levels**  
This course will teach a truth technique that will assist an individual to use the full potential of one's mind and heart to explore how thoughts, whether motivated by the fruitages of the spirit or flesh, can affect our emotions that could have a positive or negative influence on our life and the life of others. (4.5 credits)
- MSHHN – 106**     **Composition & Facts About The Powerful Healing Effects of Foods & Nutrients**  
This course teaches the various food nutrients found in plants and herbs that will address most human deficiencies such as calcium, magnesium, potassium, phosphorous and many other macro and micro minerals including vitamins such as B-12, C, D, E, U, B-17, and many other vitamins known and unknown that are required for optimum health, power, strength and endurance. (4.5 credits)
- MSHHN – 107**     **Advanced Human Physiology & Its Spiritual & Physical Nature**  
This course examines the full human anatomical and physiological relationship to each other and how they impact a state of health or disease. (4.5 credits)
- MSHHN – 108**     **How to Raise Children Naturally & Spiritually**  
This course will teach you how to physiologically and spiritually raise children naturally so as Christian parents you can help them to avoid defiling the flesh due to living an unnatural lifestyle, which would needlessly lead to early childhood diseases and possibly death. Parents must possess the God given knowledge and wisdom on how to raise their children naturally according to Biblical principles since the creation of man and woman. (4.5 credits)
- MSHHN – 109**     **Advanced Nutritional Concepts I (Bible Diet)**  
This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat. You will learn the functions of calories, vitamins and minerals within your body. You will also discover the close relationship between soil health, plant health, and human health and how denatured soils affect the nutrient content of the foods you eat. (4.5 credits)

- MSHHN – 110**      **Advanced Nutritional Concepts II (Bible Diet)**  
This course is a continuation of Advanced Nutrition I. You will learn how to properly combine foods for optimum nutrition and health. You will also understand the mental influences of nutrition, particularly how bread is considered the "Staff of Death" and how denatured foods, pasteurized foods, and eating of flesh can be harmful to the health and strength of your mind and body. (4.5 credits)
- MSHHN – 111**      **Neuro Physiological Science of Faith**  
This course will help you to develop your incredibly God given mind and faith to its full potential by increasing memory, creativity, as well as self control of your emotions related to harmful addictions and fleshly behaviors. (4.5 credits)
- MSHHN – 112**      **Advanced Neuro Physiological Science of Faith**  
This course will help you to develop your incredibly God given mind and faith to its full potential by increasing memory, creativity, as well as self control of your emotions related to harmful addictions and fleshly behaviors. (4.5 credits)
- MSHHN – 113**      **Essay: Herbology**  
This course exposes the most dangerous of the poisonous components of herbs in common use today and their effects once ingested by the human body. The student will select a thesis statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.5 credits)

## *DOCTOR of PHILOSOPHY in SPIRITUAL HEALTH & HEALING*

**DSHHN – 101**

### **The Science and Behavior of Disease**

This course will teach you why disease is "right" action and why suppressing or treating symptoms are "wrong" action. You must learn how to "Remove The Cause" of disease so there will be no need to palliate symptoms. If you do not "Remove The Cause of Disease", the symptoms will continue to persist and eventually the cause of disease could lead to larger consequences and permanent painful conditions including death. So, you will learn the knowledge and wisdom of allowing the body to heal itself naturally, as nature intended without human misguided interference. (4.5 credits)

**DSHHN – 102**

### **Maximum Natural Healing & Energy Concepts**

This course will teach you the marvelous designs of the body's energy and ability of its self healing power that our creator has endowed the human body so it can attain maximum health. (4.5 credits)

**DSHHN – 103**

### **Spiritual & Physical Fasting: The Restoration & Preservation of Spiritual & Physical Health**

Spiritual and Physical Fasting can save your life by ridding the mind and body of toxins whether they are spiritually or physically related. Spiritual and Physical Fasting can begin the true art of healing and restoration of the mind and body back to optimum health, power, strength and endurance. Fasting, overall, can help to accelerate the healing process of the body whether it is mind, bone, muscle, joint or blood. The body's creative design is more intelligent than any human intervention in relation to the physiological and biological repairs and healing of the body. Fasting allows the body to perform at its optimum physiological and biological functions more proficiently. (4.5 credits)

**DSHHN – 104**

### **Psychoneuroimmunology & Its Effects on The Immune System**

This course provides the modern day science which laid the ground work for "mind-body healing" techniques. There are many clinical trials and research in this course that prove the authenticity of these concepts. (4.5 credits)

**DSHHN – 105**

**Advanced Natural Health & Healing Concepts I**

This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)

**DSHHN – 106**

**Advanced Natural Health & Healing Concepts II**

This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never before presented, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.5 credits)

**DSHHN – 107**

**Christian Health & Christian Healing Practice: The Legal Requirements of an Ordained Minister**

This course teaches the legal "ins & outs" and "dos & don'ts" of a "Christian Health & Christian Spiritual Healing Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Christian Health & Christian Healing Minister/Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits!

(Part I: 4.5 credits) (Part II: 4.5 credits)

**DSHHN – 108**

**Thesis or The Physiology of Sports Nutrition (Student's Choice)**

**Doctorate's Thesis (Choice #1)**

The student can select a thesis composed of 2500 words, typed and double-spaced, on any spiritual aspect of Holistic Nutrition or Holistic Natural Health & Healing as applied in one's own life or the life of others. The student may draw upon any course material contained in this doctorate program. (4.5 credits)

**The Physiology of Sports Nutrition (Choice #2)**

This course is a 21st century study on the physiology of sports nutrition on the human body for maximum health, power, strength and endurance. (4.5 credits)

**DSHHN – 109**

**The Mind of The Spirit**

This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This Bible course will teach you that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (3.0 credits)

## **ORDAINED MINISTER PROGRAM COURSE DESCRIPTIONS**

### **Ordained Minister License**

**OML-101**

#### **Spiritual Organization Defined (Ecclesiology & Christology)**

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowshipping, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

Christology is the study of the person of Christ, His life, His ministry, His sacrifice, His commandments, and His sacrifice as our savior. In short, without an understanding of the character of Christ, your ministry is doomed to fail. (Proverbs 19:2)

We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events.  
(4.0 credits)

**OML-102**

#### **Spiritual Holistic Health & Healing Ministry Defined**

This course will help you understand the responsibilities of a Holistic Health & Healing Christian Ministry. As a Christian Holistic Health & Healing Minister, you will learn God's Divine purpose for the various Christian Healing Ministries that we as Christians have been entrusted and called upon to perform for the spiritual and physical benefit of all living creatures.  
(3.0 credits)

**OML-103**

#### **Ordained Holistic Health & Healing Minister Defined**

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards Pristine "spiritual and physical" Health. (4.0 credits)



**OML-104**

**The Nature of Spirituality—Defined**

This course will help you as a Christian servant of God to learn the characteristics of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment."

(4.5 credits)

**OML-105**

**Spiritualizing Through a Good Physical Conscience ®**

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God.

(4.5 credits)

**OML-106**

**Blood: The Waters of Life**

This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use.

(4.5 credits)

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**The Mind of The Spirit**

This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This Bible course will teach you that if you "sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(3.0 credits)

## ***Certified Christologist™ & Ecclesiologist™ Courses***

The purpose of Christology and Ecclesiology is to offer Christian Health Courses and Christian Healing Courses that will certify Certified Christologist™ and Certified Ecclesiologist™ by the *Kingdom University*®

A Certified Christologist™ & Certified Ecclesiologist™ is a Christian Spiritual Health & Healing Ordained Minister who has also satisfactorily completed The *Kingdom University*® certified program.

Upon graduation, the student will earn both the "Certified Christologist™" and "Certified Ecclesiologist™" designation, and will receive a Certification for both Certificates granted through The *Kingdom University*®. The Ecclesiologist™ & Certified Christologists™ will be required to report every three years for recertification and complete at least one or two selected courses by The University as proof of their continuing educational commitment and excellence towards the Spiritual Health and Healing philosophy based on Christian Bible principles.

### **General Program Standards:**

- The "Certified Christologist™" & "Certified Ecclesiologist™" must satisfactorily complete one or two specified courses by the *Kingdom University*® with a 3.0 G.P.A.
- The "Certified Christologist™" & "Certified Ecclesiologist™" must practice within the scope of the Spiritual Natural Health philosophy, which will solely be determined by the *Kingdom University*®.
- The "Certified Christologist™" & "Certified Ecclesiologist™" who does not practice within the scope of the Spiritual Natural Health philosophy will have their certification revoked unless discontinued upon investigation conducted by the *Kingdom University*®.

## Certification Christologist™ & Ecclesiologist™ Program Description

### Ordained Minister License

EC-101

#### **Christian Organization Defined (Ecclesiology & Christology)**

This course will teach you the Biblical Etymology of "Ecclesiology" that can be found in the Septuagint Bible, which uses ekklesia to translate the Hebrew word qâhâl meaning a fellowship, congregation, assembly, company or other organized body for spiritual purposes (Acts 2:42).

Ecclesiology is "Spiritual, But Not Religious" and also "Unchurched" which may be defined as all those who do not believe in a structured, ritualistic and dogmatic pious performance at the altar.

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We, as a spiritual and Christian organization called "Ecclesiology," define our philosophy as the science of organic Christianity, which is a living, breathing, dynamic, mutually participatory, every-member functioning, Christ-centered, communal expression of the body of Christ that is based on Christian Bible principles and historical events. (4.0 credits)

EC-102

#### **Christian Holistic Health & Healing Ministry Defined**

This course will help you understand the responsibilities of a Holistic Health Christian Ministry. As a Christian Health & Christian Healing Minister, you will learn to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically towards Pristine "spiritual and physical" Health. (4.0 credits)

EC-103

#### **Ordained Holistic Health & Healing Minister Defined**

The purpose of this course is to help you define and understand your role as a Holistic Christian Health & Christian Healing Minister. You will learn in this polluted world how to help heal the sick in relation to the spirit, mind, body and soul, which are all working synergistically together towards Pristine "spiritual and physical" Health. (4.0 credits)

**EC-104**

**The Nature of Spirituality—Defined**

This course will help you as a Christian servant of God to learn the characteristics & nature of spirituality according to the Christian Holy Scriptures, and how to become filled with "spiritual discernment."

(4.0 credits)

**EC-105**

**Spiritualizing Through a Good Physical Conscience®**

This course will help you to understand how to cleanse yourself from every form of defilement that contaminates either flesh or spirit. The principles of the Bible require that a Christian must keep physically and spiritually clean before God.

(4.0 credits)

**EC-106**

**Blood: The Waters of Life**

This course will help you to learn God's Scriptural viewpoint in relation to blood. The Lord God says that "The life of all flesh is in the blood." It will, in addition, teach you the importance of blood as well as its proper use.

(4.0 credits)

**EC-107**

**The Mind of The Spirit**

This course will help you to learn the contrast between the "flesh" and "spirit." The course will teach you that "minding the spirit" ("ones way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you sow with a view to your flesh, you will reap corruption from your flesh, but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

**EC-108**

**Advanced Natural Lifestyle Concepts**

This course covers the laws of nature required to attain superior health, power, strength and endurance. First, we need to learn how to "Remove The Cause of Physiological and Biological diseases aside from violating the spiritual laws of God by avoiding defiling the flesh. The Israelites were given many laws in the Bible in relationship to food and lifestyle habits so they could avoid defiling the flesh which would be viewed as unclean before the eyes of God. This means freedom from various addictions such as overeating, acid-forming foods and other fleshly desires including unloving relationships whether personal or professional. We must learn to include outside activities such as fresh air and exercise, adequate rest and sleep so we can awake refreshed to perform our daily activities with vim and vigor and to our utmost Christian potential.

(4.0 credits)

EC-109

**Advanced "Applied" Nutritional Concepts**

This course reveals man's true dietetic nature related to the consumption of raw fruits and vegetables according to the laws of nature created by God. This course details the nutritional and healing ability and force that nutrients of fruits and vegetables can exert on such conditions as seizures, heart disease, Candida, cancer, nutrient deficiencies, diabetes, weight control or weight loss and many other debilitating conditions. (4.0 credits)

EC-110

**Bible Diet Part I: The AAA Diet® (Acid Alkaline Association)**

This course presents the most advanced concept in correct food nutrition. It also introduces what is naturally and hygienically acceptable to eat and how to avoid foods that can defile the flesh and pollute the blood, such as chemical additives, preservatives and mercury found in fish. You will also learn to be mindful that the foods you eat need to be properly combined for optimum nutrition and health, including the healthy dietary practices of making up the bulk of your diet with fruits and vegetables and avoiding refined and other processed foods. (4.0 credits)

EC-111

**Bible Diet Part II: The AAA Diet® (Acid Alkaline Association)**

This course is a continuation of The Bible Diet Part I. You will learn how the Bible Diet provides Christians with nature's natural nutrients for optimum health, power, strength and endurance. It is also excellent for weight loss. The Bible Diet, of course, is the ultimate diet to help anyone attain the highest level of pristine natural and vibrant health and avoid the defilement of flesh and spirit before God. (4.0 credits)

EC-112

**Advanced Natural Health & Healing Concepts I**

This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never presented before, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.0 credits)

EC-113

**Advanced Natural Health & Healing Concepts II**

This course presents, in depth, the Natural Health & Healing laws of nature within the human body, as never presented before, for the restoration and preservation of health by Pristine, unadulterated methodologies. (4.0 credits)

EC-114

**Biblical Counseling Practice:**

**The Legal Requirements of an Ordained Minister**

This course teaches the legal "ins & outs" and "dos & don'ts" of a "Biblical Holistic Natural Health & Healing Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Biblical Holistic Natural Health & Healing Minister/Counselor to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits! (4.0 Credits)

## **SPORTS DEGREE & CERTIFICATION PROGRAMS**

### **SPORTS NUTRITION CERTIFICATION PROGRAMS**

Certified Sports Nutrition Consultant	C.S.N.C.
& Certified Sports Nutrition Practitioner	C.S.N.P.
Certified Holistic Sports Nutrition Consultant	C.H.S.N.C.
& Certified Holistic Sports Nutrition Practitioner	C.H.S.N.P.

### **SPORTS DEGREE PROGRAMS**

Bachelor / Master of Science in Sports Nutrition	B.S./M.S.
Bachelor / Master of Science in Holistic Sports Nutrition	B.S./M.S.
Doctor of Science in Sports Nutrition	D.Sc.
Doctor of Science in Holistic Sports Nutrition	D.Sc.
Doctor of Philosophy in Sports Nutrition	Ph.D.
Doctor of Philosophy in Holistic Sports Nutrition	Ph.D.
Doctor of Philosophy in Sports Nutrition & Sports Management	Ph.D.
Doctor of Philosophy in Holistic Sports Nutrition & Sports Management	Ph.D.
Doctor of Philosophy in Sports Management & Sports Marketing	Ph.D.

### **SPORTS DEGREE COMBINATION PROGRAMS**

B.S./M.S./D. Sc. in Sports Nutrition
B.S./M.S./Ph.D. in Sports Nutrition
B.S./M.S./D. Sc./Ph.D. in Sports Nutrition
B.S./M.S./D. Sc. in Holistic Sports Nutrition
B.S./M.S./Ph.D. in Holistic Sports Nutrition
B.S./M.S./D. Sc./Ph.D. in Holistic Sports Nutrition
B.S./M.S./Ph.D. in Sports Nutrition & Sports Management
B.S./M.S./Ph.D. in Holistic Sports Nutrition & Sports Management
B.S./M.S./Ph.D. in Sports Management & Sports Marketing

## TUITION FOR SPORTS NUTRITION CERTIFICATION PROGRAMS

### Cost of Sports Certification Programs

(Tuition)

Certified Sports Nutrition Consultant.....	C.S.N.C.	
& Certified Sports Nutrition Practitioner.....	C.S.N.P.	\$1,199.00
Certified Holistic Sports Nutrition Consultant.....	C.H.S.N.C.	
& Certified Holistic Sports Nutrition Practitioner.....	C.H.S.N.P.	\$1,699.00

## TUITION FOR SPORTS DEGREE PROGRAMS

**(NOTE: OTHER PAYMENT PLANS AVAILABLE UPON REQUEST)**

### Cost of Degree Programs

(Tuition) (Monthly Plan)

		<i>48 months</i>
Bachelor / Master of Science in Sports Nutrition .....	\$7,080	\$130.94
Bachelor / Master of Science in Holistic Sports Nutrition .....	\$7,280	\$135.10
Doctor of Science in Sports Nutrition.....	\$7,280	\$135.10
Doctor of Science in Holistic Sports Nutrition.....	\$7,490	\$139.48
Doctor of Philosophy in Sports Nutrition .....	\$7,690	\$143.65
Doctor of Philosophy in Holistic Sports Nutrition .....	\$7,890	\$147.81
Doctor of Philosophy in Sports Nutrition & Sports Management.....	\$7,690	\$143.65
Doctor of Philosophy in Holistic Sports Nutrition & Sports Management....	\$7,890	\$147.81
Doctor of Philosophy in Sports Management & Sports Marketing.....	\$7,690	\$143.65

### Alternative Degree Combination Programs

(Tuition) (Monthly Plan)

		<i>60 months</i>
B.S./M.S /D.Sc. in Sports Nutrition.....	\$9,160	\$139.42
B.S./M.S./Ph.D. in Sports Nutrition.....	\$9,370	\$141.25
B.S./M.S./D.Sc./ Ph.D. in Sports Nutrition.....	\$9,870	\$151.25
B.S./M.S./D.Sc. in Holistic Sports Nutrition .....	\$9,360	\$142.75
B.S./M.S./Ph.D. in Holistic Sports Nutrition.....	\$9,560	\$146.08
B.S./M.S./D.Sc./Ph.D. in Holistic Sports Nutrition.....	\$10,060	\$154.42
B.S./M.S /Ph.D. in Sports Nutrition & Sports Management .....	\$9,870	\$151.25
B.S./M.S./Ph.D. in Holistic Sports Nutrition & Sports Management .....	\$9,560	\$146.08
B.S./M.S./Ph.D. in Sports Management & Sports Marketing .....	\$9,360	\$142.75



**Please Add a Shipping and Handling Charge of \$95.00.**

**AN INITIAL DEPOSIT OF \$795.00 (plus \$95 for shipping) WILL BE REQUIRED FOR ALL FINANCED DEGREE PROGRAMS. A 20% Prepayment Discount will apply to Bank Checks and Credit Cards.**

## **SPORTS DEGREE PROGRAMS**

### **BACHELOR of SCIENCE & MASTER OF SCIENCE in SPORTS NUTRITION COMBINED**

<b>BSSN-101</b>	Advanced Holistic Sports Nutrition I: Applied Science of the Acid/Alkaline Balance Diet
<b>BSSN-102</b>	Physiology: Introduction
<b>BSSN-103</b>	Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
<b>BSSN-104</b>	Enzymes & Nutrition: Introduction
<b>BSSN-105</b>	Advanced Holistic Sports Nutrition II: Applied Science of the Acid/Alkaline Balance Diet
<b>BSSN-106</b>	PhytoChemical Compositions of Foods & Nutrition
<b>BSSN-107</b>	Advanced Sports Nutrition: Applied Nutrition Concepts I
<b>BSSN-108</b>	Advanced Sports Nutrition: Applied Nutrition Concepts II
<b>BSSN-109</b>	Advanced Biochemistry of Sport Nutrition I
<b>BSSN-110</b>	Advanced Biochemistry of Sport Nutrition II
<b>BSSN-111-E</b>	The Mind of The Spirit

**Elective marked: “-E.” is suggested but NOT required for the above Program**

### **DOCTOR of SCIENCE in SPORTS NUTRITION**

<b>DSSN-101</b>	Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
<b>DSSN-102</b>	Maximum Body Energy & Energy Healing Concepts
<b>DSSN-103</b>	Neuro Physiology of Beliefs: Introduction
<b>DSSN-104</b>	Advanced “Applied” Nutrition
<b>DSSN-105</b>	Sports Counseling Practice
<b>DSSN-106</b>	Applied Science of Sports Nutrition & Physiology
<b>DSSN-107-E</b>	The Mind of The Spirit

**Elective marked: “-E.” is suggested but NOT required for the above Program**

**DOCTOR of PHILOSOPHY in SPORTS NUTRITION**

- PHDSN-101** Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
- PHDSN-102** Maximum Body Energy & Energy Healing Concepts
- PHDSN-103** Neuro Physiology of Beliefs: Introduction
- PHDSN-104** Advanced “Applied” Nutrition
- PHDSN-105** Sports Counseling Practice
- PHDSN-106** Applied Science of Sports Nutrition & Physiology
- PHDSN-107** Thesis
- PHDSN-108-E** The Mind of The Spirit

**Elective marked: “-E.” is suggested but NOT required for the above Program**

**BACHELOR of SCIENCE in HOLISTIC SPORTS NUTRITION &  
MASTER of SCIENCE in HOLISTIC SPORTS NUTRITON COMBINED**

- BSHSN-101** Advanced Holistic Sports Nutrition I:  
Applied Science of the Acid/Alkaline Balance Diet
- BSHSN-102** Physiology: Introduction
- BSHSN-103** Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
- BSHSN-104** Enzymes & Nutrition: Introduction
- BSHSN-105** Advanced Holistic Sports Nutrition II:  
Applied Science of the Acid/Alkaline Balance Diet
- BSHSN-106** PhytoChemical Compositions of Foods & Nutrition
- BSHSN-107** Advanced Sports Nutrition: Applied Nutrition Concepts I
- BSHSN-108** Advanced Sports Nutrition: Applied Nutrition Concepts II
- BSHSN-109** Essay: Herbology
- BSHSN-110** Advanced Biochemistry of Sport Nutrition I
- BSHSN-111** Advanced Biochemistry of Sport Nutrition II
- BSHSN-112-E** The Mind of The Spirit

**Elective marked: “-E.” is suggested but NOT required for the above Program**

**DOCTOR of SCIENCE in HOLISTIC SPORTS NUTRITION**

- DSHSN-101** Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
- DSHSN-102** Maximum Body Energy & Energy Healing Concepts
- DSHSN-103** Advanced Natural Health I
- DSHSN-104** Advanced Natural Health II
- DSHSN-105** Neuro Physiology of Beliefs: Introduction
- DSHSN-106** Advanced “Applied” Nutrition
- DSHSN-107** Sports Counseling Practice
- DSHSN-108** Applied Science of Sports Nutrition & Physiology
- DSHSN-109-E** The Mind of The Spirit

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

### **DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION**

<b>PHDHSN-101</b>	Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition
<b>PHDHSN-102</b>	Maximum Body Energy & Energy Healing Concepts
<b>PHDHSN-103</b>	Advanced Natural Health I
<b>PHDHSN-104</b>	Advanced Natural Health II
<b>PHDHSN-105</b>	Neuro Physiology of Beliefs: Introduction
<b>PHDHSN-106</b>	Advanced “Applied” Nutrition
<b>PHDHSN-107</b>	Sports Counseling Practice
<b>PHDHSN-108</b>	Applied Science of Sports Nutrition & Physiology
<b>PHDHSN-109</b>	Thesis
<b>PHDHSN-110-E</b>	The Mind of The Spirit

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

### **DOCTOR of PHILOSOPHY in SPORTS NUTRITION & SPORTS MANAGEMENT**

<b>PHDSNM-101</b>	Advanced Contemporary Sports Management Concepts I
<b>PHDSNM-102</b>	Advanced Contemporary Sports Management Concepts II
<b>PHDSNM-103</b>	Advanced Sports Marketing Theories I
<b>PHDSNM-104</b>	Advanced Sports Marketing Theories II
<b>PHDSNM-105</b>	Creating a Profitable Sports Counseling & Coaching Career
<b>PHDSNM-106</b>	Advanced “Applied” Nutrition
<b>PHDSNM-107</b>	Sports Counseling Practice
<b>PHDSNM-108</b>	Applied Science of Sports Nutrition & Physiology
<b>PHDSNM-109</b>	Thesis
<b>PHDSNM-110-E</b>	The Mind of The Spirit ( <b>Suggested But NOT Required</b> )

**DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION & SPORTS MANAGEMENT**

<b>PHDHSNM-101</b>	Advanced Contemporary Sports Management Concepts I
<b>PHDHSNM-102</b>	Advanced Contemporary Sports Management Concepts II
<b>PHDHSNM-103</b>	Advanced Sports Marketing Theories I
<b>PHDHSNM-104</b>	Advanced Sports Marketing Theories II
<b>PHDHSNM-105</b>	Advanced Natural Health I
<b>PHDHSNM-106</b>	Advanced Natural Health II
<b>PHDHSNM-107</b>	Creating a Profitable Sports Counseling & Coaching Career
<b>PHDHSNM-108</b>	Advanced “Applied” Nutrition
<b>PHDHSNM-109</b>	Sports Counseling Practice
<b>PHDHSNM-110</b>	Applied Science of Sports Nutrition & Physiology
<b>PHDHSNM-111</b>	Thesis
<b>PHDHSNM-112-E</b>	The Mind of The Spirit

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

**DOCTOR of PHILOSOPHY in SPORTS MANAGEMENT & SPORTS MARKETING**

<b>PHDSMM-101</b>	Advanced Contemporary Sports Management Concepts I
<b>PHDSMM-102</b>	Advanced Contemporary Sports Management Concepts II
<b>PHDSMM-103</b>	Advanced Sports Marketing Theories I
<b>PHDSMM-104</b>	Advanced Sports Marketing Theories II
<b>PHDSMM-105</b>	Creating a Profitable Sports Counseling & Coaching Career
<b>PHDSMM-106</b>	Sports Counseling Practice
<b>PHDSMM-107</b>	Applied Science of Sports Nutrition & Physiology
<b>PHDSMM-108</b>	Thesis
<b>PHDSMM-109-E</b>	The Mind of The Spirit

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

## **SPORTS NUTRITION CERTIFICATION COURSE PROGRAMS**

### **CERTIFIED SPORTS NUTRITION CONSULTANT & PRACTITIONER**

<b>CSNCP-101</b>	Advanced Holistic Sports Nutrition I: Applied Science of the Acid/Alkaline Balance Diet
<b>CSNCP-102</b>	Advanced Holistic Sports Nutrition II: Applied Science of the Acid/Alkaline Balance Diet
<b>CSNCP-103</b>	Advanced “Applied Nutrition”
<b>CSNCP-104</b>	Applied Science of Sports Nutrition & Physiology
<b>CSNCP-105</b>	Creating a Profitable Sports Counseling & Coaching Career
<b>CSNCP-106-E</b>	The Mind of The Spirit

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

### **CERTIFIED HOLISTIC SPORTS NUTRITION CONSULTANT & PRACTITIONER**

<b>CHSNC-101</b>	Advanced Holistic Sports Nutrition I: Applied Science of the Acid/Alkaline Balance Diet
<b>CHSNC-102</b>	Advanced Holistic Sports Nutrition II: Applied Science of the Acid/Alkaline Balance Diet
<b>CHSNC-103</b>	Advanced “Applied Nutrition”
<b>CHSNC-104</b>	Advanced Natural Health I
<b>CHSNC-105</b>	Advanced Natural Health II
<b>CHSNC-106</b>	Applied Science of Sports Nutrition & Physiology
<b>CHSNC-107</b>	Creating a Profitable Sports Counseling & Coaching Career
<b>CHSNC-108-E</b>	The Mind of The Spirit

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

# COLLEGE & UNIVERSITY OF NATURAL HEALTH™

## SPORTS PROGRAM COURSE DESCRIPTIONS

### BACHELOR of SCIENCE in SPORTS NUTRITION & MASTER of SCIENCE in SPORTS NUTRITION COMBINED

**BSSN-101**

**Advanced Holistic Sports Nutrition I:  
Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

**BSSN-102**

**Physiology: Introduction**

This course presents an introductory overview of the study of anatomy and physiological processes of the human body, including the study of some of the body's diseases to which the person who lives outside the Laws of Life is prone. (4.0 credits)

**BSSN-103**

**Advanced Natural Lifestyles & Philosophies: Natural Sport Nutrition**

This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships. (4.5 credits)



**BSSN-104**

**Enzymes & Nutrition: Introduction**

This course examines the catalyzing role of enzymes in food nutrition, digestion, assimilation and health. (4.0 credits)

**BSSN-105**

**Advanced Holistic Sports Nutrition II:  
Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

**BSSN-106**

**PhytoChemical Compositions of Foods & Nutrition**

This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health. (4.0 credits)

**BSSN-107**

**Advanced Sports Nutrition: Applied Nutrition Concepts I**

This course presents the most advanced applied food concepts for correct sports nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to "**Sports Nutrition**" through "**Sports Nutritionists.**" In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)

**BSSN-108****Advanced Sports Nutrition: Applied Nutrition Concepts II**

This course is a continuation of Advanced Nutrition I and further presents the most advanced applied food concepts for correct sports nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to "**Sports Nutrition**" through "**Sports Nutritionists.**" In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)

**BSSN-109****Advanced Biochemistry of Sport Nutrition I**

This course presents the physiological advanced principles on current nutritional guidelines, specifically for the superior athlete who desires to possess peak power, strength and endurance. The student will gain a fundamental understanding of the science behind nutrition as it relates to sport and the influence of nutrition on exercise, performance, training, and quick energy recovery time. This course not only teaches the framework for proper nutrition, but also the biochemistry involved to help meet the energy needs of you, the student and athlete, to attain the ultimate power, strength and endurance for peak performance. (4.0 credits)

**BSSN-110****Advanced Biochemistry of Sport Nutrition II**

This course is a continuation of Advanced Biochemistry of Sport Nutrition I for the athlete seeking the ultimate power, strength and endurance that can be achieved for peak performance. It includes additional scientific information relating to exercise, body temperature, dehydration, antioxidants, oxygen transport, and vitamins and minerals, which all greatly influence an athlete's athletic skills as it relates to diet and their immune system. This course covers all aspects of sport nutrition and will benefit the athlete immensely both personally and professionally. (4.0 credits)

**BSSN-111-E****The Mind of The Spirit**

This course will help you to learn the contrast between the "*flesh*" and "*spirit.*" The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

**Elective marked: " — E." is suggested but NOT required for the above Program**

## *DOCTOR of SCIENCE in SPORTS NUTRITION*

- DSSN-101**      **Advanced Natural Lifestyles & Philosophies: Natural Sport Nutrition**  
This course covers all aspects of natural health in relation to Natural Sports Nutrition required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships. (4.5 credits)
- DSSN-102**      **Maximum Body Energy & Energy Healing Concepts**  
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is also the key for the prevention and healing of disease, holistically. (4.0 credits)
- DSSN-103**      **Neuro Physiology of Beliefs: Introduction**  
This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)
- DSSN-104**      **Advanced "Applied" Nutrition**  
This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, including the healthful management of weight. (4.0 credits)
- DSSN-105**      **Sports Counseling Practice**  
This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to

show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits. Many of our graduates go on to have very successful "Sports Management Careers" with their Sports Nutrition Counseling Practice as Sports Consultants. This course of all the "Sports Nutrition Courses" and "Sports Management Degrees" that we offer is of most importance. (4.0 credits)

**DSSN-106**

**Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance.

(4.0 credits)

**DSSN-107-E**

**The Mind of The Spirit**

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

**Elective marked: " — E." is suggested but NOT required for the above Program**

## **DOCTOR of PHILOSOPHY in SPORTS NUTRITION**

- PHDSN-101**      **Advanced Natural Lifestyles & Philosophies: Natural Sport Nutrition**  
This course covers all aspects of natural health in relation to Natural Sports Nutrition required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships. (4.5 credits)
- PHDSN-102**      **Maximum Body Energy & Energy Healing Concepts**  
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing disease, holistically. (4.0 credits)
- PHDSN-103**      **Neuro Physiology of Beliefs: Introduction**  
This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)
- PHDSN-104**      **Advanced "Applied" Nutrition**  
This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies and the healthful management of weight. (4.0 credits)
- PHDSN-105**      **Sports Counseling Practice**  
This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes

to overcome self-sabotage, while achieving amazing success in their healthful living habits. This course is of utmost importance for those who aspire to attain a "Degree in Sports Management." (4.0 credits)

**PHDSN-106**

**Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance.(4.0 credits)

**PHDSN-107**

**Thesis**

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate's Program can be applied in one's life that would enhance one's "Sports Management Salary" as "Sports Nutritionists." Material may be drawn from the various courses in the Doctorate's Program. (4.0 credits)

PHDSN-108-E

**The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

**BACHELOR of SCIENCE in HOLISTIC SPORTS NUTRITION &  
MASTER of SCIENCE in HOLISTIC SPORTS NUTRITION COMBINED**

- BSHSN-101**      **Advanced Holistic Sports Nutrition I:  
Applied Science of the Acid Alkaline Balance Diet**  
This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)
- BSHSN-102**      **Physiology: Introduction**  
This course presents an introductory overview of the study of anatomy and physiological processes of the human body, including the study of some of the body's diseases to which the person who lives outside the Laws of Life is prone. (4.0 credits)
- BSHSN-103**      **Advanced Natural Lifestyles & Philosophies: Natural Sport Nutrition**  
This course covers all aspects of natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance, which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life with Meaningful Goals including Loving and Nurturing Relationships. (4.5 credits)
- BSHSN-104**      **Enzymes & Nutrition: Introduction**  
This course examines the catalyzing role of enzymes in food nutrition, digestion, assimilation and health. (4.0 credits)



**BSHSN-105**

**Advanced Holistic Sports Nutrition II:**

**Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

**BSHSN-106**

**PhytoChemical Compositions of Foods & Nutrition**

This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health. (4.0 credits)

**BSHSN-107**

**Advanced Sports Nutrition: Applied Nutrition Concepts I**

This course presents the most advanced applied food concepts on "Advanced Sports Nutrition." It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to sports nutrition through sports nutritionists. In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)

**BSHSN-108**

**Advanced Sports Nutrition: Applied Nutrition Concepts II**

This course is a continuation of Advanced Nutrition I and further presents the most advanced applied food concepts on sports nutrition. It is Dr. Herbert M. Shelton's greatest and most complete work on correct food nutrition and its impact on health, whose concepts can be applied to sports nutrition through sports nutritionists. In fact, Dr. Herbert M. Shelton can be regarded as the greatest Holistic Nutritionist of the 20th Century. (4.0 credits)

**BSHSN-109**

**Essay: Herbology**

This "Sports Nutrition Course" exposes the most dangerous of the poisonous components of herbs and supplements in common use today and their effects once ingested by the human body. The student

will select a theme statement relative to the topic and prepare a 2,500-word, typed, double-spaced essay developing the thesis. (4.0 credits)

**BSHSN-110**

**Advanced Biochemistry of Sport Nutrition I**

This course presents the physiological advanced principles on current nutritional guidelines, specifically for the superior athlete who desires to possess peak power, strength and endurance. The student will gain a fundamental understanding of the science behind nutrition as it relates to sport and the influence of nutrition on exercise, performance, training, and quick energy recovery time. This course not only teaches the framework for proper nutrition, but also the biochemistry involved to help meet the energy needs of you, the student and athlete, to attain the ultimate power, strength and endurance for peak performance. (4.0 credits)

**BSHSN-111**

**Advanced Biochemistry of Sport Nutrition II**

This course is a continuation of Advanced Biochemistry of Sport Nutrition I for the athlete seeking the ultimate power, strength and endurance that can be achieved for peak performance. It includes additional scientific information relating to exercise, body temperature, dehydration, antioxidants, oxygen transport, and vitamins and minerals, which all greatly influence an athlete's athletic skills as it relates to diet and their immune system. This course covers all aspects of sport nutrition and will benefit the athlete immensely both personally and professionally. (4.0 credits)

**BSHSN-112-E**

**The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

## **DOCTOR of SCIENCE in HOLISTIC SPORTS NUTRITION**

- DSHSN-101**      **Advanced Natural Lifestyles & Philosophies:  
Natural Sports Nutrition**  
This course covers all aspects of natural health in relation to Natural Sports Nutrition that is required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships. (4.5 credits)
- DSHSN-102**      **Maximum Body Energy & Energy Healing Concepts**  
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing disease, holistically. (4.0 credits)
- DSHSN-103**      **Advanced Natural Health I**  
This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)
- DSHSN-104**      **Advanced Natural Health II**  
This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for

optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

**DSHSN-105**

**Neuro Physiology of Beliefs: Introduction**

This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)

**DSHSN-106**

**Advanced "Applied" Nutrition**

This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

**DSHSN-107**

**Sports Counseling Practice**

This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits. The University of Natural Health's "Sports Management Programs" are the elite of all "Sports Management Colleges." Graduates attain the best "Sports Nutrition Jobs" that pay the highest "Sports Nutrition Salary" as a "Sports Career." You too can take advantage of opening up your own counseling practice as a "Certified Sports Nutritionist." (Part I: 4.0 credits)(Part II: 4.0 credits)

**DSHSN-108**

**Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the

"vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance.

(4.0 credits)

**DSHSN-109-E**

**The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

## **DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION**

- PHDHSN-101**      **Advanced Natural Lifestyles & Philosophies: Natural Sports Nutrition**  
This course covers all aspects of natural health in relation to Natural Sports Nutrition required to attain superior natural health, power, strength and endurance as a lifestyle philosophy. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, a Natural and Hygienic Diet, Correct Temperatures, Sunlight, Regular Exercise and Mental and Emotional Balance, which includes Freedom from Addictions, Possesses High Self-esteem and a Motivated and Purposeful Life, as well as Meaningful Goals and Loving Relationships.      (4.5 credits)
- PHDHSN-102**      **Maximum Body Energy & Energy Healing Concepts**  
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is the key for the prevention and healing disease, holistically.      (4.0 credits)
- PHDHSN-103**      **Advanced Natural Health I**  
This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance.      (4.0 credits)
- PHDHSN-104**      **Advanced Natural Health II**  
This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance.      (4.0 credits)

**PHDHSN-105****Neuro Physiology of Beliefs: Introduction**

This course will teach you a breakthrough systematic program supported by scientific evidence on how to naturally conquer anxiety, depression, anger, obsessive and compulsive behaviors. (4.0 credits)

**PHDHSN-106****Advanced "Applied" Nutrition**

This course details the ideal sources and correct rations for the three caloronnutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)

**PHDHSN-107****Sports Counseling Practice**

This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing successes in their healthful living habits.

(Part I: 4.0 credits)(Part II: 4.0 credits)

**PHDHSN-108****Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of

"Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

**PHDHSN-109-E**    **Thesis**

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate's Program can be applied in one's life. Material may be drawn from the various courses in the Doctorate's Program. (4.0 credits)

**PHDHSN-110-E**    **The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

**Elective marked: “ — E.” is suggested but NOT required for the above Program**



## **DOCTOR of PHILOSOPHY in SPORTS NUTRITION & SPORTS MANAGEMENT**

### **PHDSNM-101      Advanced Contemporary Sports Management Concepts I**

This course presents the student with an advanced and unique overview of sport management. This lesson teaches the relevance of sociological, cultural, historical, political, psychological, and legal concepts relating to the management of sport. In addition, topics crucial for management positions, including the necessary professional skills and attitudes of sport managers are discussed. There are many management positions available in the sport industry, and exploring each, in detail, gives the student a firm understanding of what sport management entails. (4.0 credits)

### **PHDSNM-102      Advanced Contemporary Sports Management Concepts II**

This course is a further continuation of Advanced Contemporary Sport Management Concepts I that will help, you, the student to develop a deeper knowledge and insight into the various aspects of sport management, including external and internal factors, branding community relation, public relations, media, and fluctuations within the market. The student will be taught how to employ critical thinking skills that will help one to recognize and identify the important elements within sport facility and event management, as well as the ability to clarify the current challenges that sports managers are faced with. (4.0 credits)

### **PHDSNM-103      Advanced Sports Marketing Theories I**

This course provides an introduction for advanced sport marketing techniques, including the sport marketing mix, marketing research, sport marketing information systems, sport consumer behavior, sport management, sales management in sport, purchasing, and supply chain management. This course teaches the fundamental and theoretical concepts that will enable the student to dramatically increase his/her knowledge of the sport marketing industry. (4.0 credits)

### **PHDSNM-104      Advanced Sports Marketing Theories II**

This course is a further continuation of Advanced Sports Marketing Theories I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of the sport marketing industry with advanced marketing theories related to communication concepts, sport advertising and promotion, sport sponsorship and sport retail management, sport e-business and e-commerce, and, finally, international and global marketing in sport. Real world applications prepare the student for entry into the sport marketing field with a professional attitude that will be required for one to excel in the pursuit of a career in sport marketing. (4.0 credits)

**PHDSNM-105****Creating a Profitable Sports Counseling & Coaching Career**

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice.

(4.0 credits)

**PHDSNM-106****Advanced "Applied" Nutrition**

This course details the ideal sources and correct rations for the three caloronnutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, including the healthful management of weight.

(4.0 credits)

**PHDSNM-107****Sports Counseling Practice**

This course teaches the legal "ins & outs" and "dos & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing success in their healthful living habits. Many of our graduates go on to have very successful "Sports Management Careers" with their Sports Nutrition Counseling Practice as Sports Consultants. This course of all the "Sports Nutrition Courses" and "Sports Management Degrees" that we offer is of most importance.

(4.0 credits)

**PHDSNM-108****Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength

and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

**PHDSNM-109**

**Thesis**

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate Program can be applied in one's life that would enhance one's "Sports Management Salary" as "Sports Nutritionists." Material may be drawn from the various courses in the Doctorate Program.

(4.0 credits)

**PHDSNM-110-E**

**The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

**DOCTOR of PHILOSOPHY in HOLISTIC SPORTS NUTRITION & SPORTS MANAGEMENT**

**PHDHSNM-101     Advanced Contemporary Sports Management Concepts I**

This course presents the student with an advanced and unique overview of sport management. This lesson teaches the relevance of sociological, cultural, historical, political, psychological, and legal concepts relating to the management of sport. In addition, topics crucial for management positions, including the necessary professional skills and attitudes of sport managers are discussed. There are many management positions available in the sport industry, and exploring each, in detail, gives the student a firm understanding of what sport management entails. (4.0 credits)

**PHDHSNM-102     Advanced Contemporary Sports Management Concepts II**

This course is a further continuation of Advanced Contemporary Sport Management Concepts I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of sport management, including external and internal factors, branding community relation, public relations, media, and fluctuations within the market. The student will be taught how to employ critical thinking skills that will help one to recognize and identify the important elements within sport facility and event management, as well as the ability to clarify the current challenges that sports managers are faced with. (4.0 credits)

**PHDHSNM-103     Advanced Sports Marketing Theories I**

This course provides an introduction for advanced sport marketing techniques, including the sport marketing mix, marketing research, sport marketing information systems, sport consumer behavior, sport management, sales management in sport, purchasing, and supply chain management. This course teaches the fundamental and theoretical concepts that will enable the student to dramatically increase his/her knowledge of the sport marketing industry. (4.0 credits)

**PHDHSNM-104     Advanced Sports Marketing Theories II**

This course is a further continuation of Advanced Sports Marketing Theories I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of the sport marketing industry with advanced marketing theories related to communication concepts, sport advertising and promotion, sport sponsorship and sport retail management, sport e-business and e-commerce, and, finally, international and global marketing in sport. Real world applications prepare the student for entry into the sport marketing field with a professional attitude that will be required for one to excel in the pursuit of a career in sport marketing. (4.0 credits)

- PHDHSNM-105**     **Advanced Natural Health I**  
This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)
- PHDHSNM-106**     **Advanced Natural Health II**  
This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)
- PHDHSNM-107**     **Creating a Profitable Sports Counseling & Coaching Career**  
The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice. (4.0 credits)
- PHDHSNM-108**     **Advanced "Applied" Nutrition**  
This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet. The course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. (4.0 credits)
- PHDHSNM-109**     **Sports Counseling Practice**  
This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports

Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing successes in their healthful living habits.

(Part I: 4.0 credits)(Part II: 4.0 credits)

**PHDHSNM-110 Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

**PHDHSNM-111 Thesis**

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate Program can be applied in one's life. Material may be drawn from the various courses in the Doctorate Program. (4.0 credits)

**PHDHSNM-112-E The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live.

(4.0 credits)

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

## **DOCTOR of PHILOSOPHY in SPORTS MANAGEMENT & SPORT MARKETING**

### **PHDSMM-101      Advanced Contemporary Sports Management Concepts I**

This course presents the student with an advanced and unique overview of sport management. This lesson teaches the relevance of sociological, cultural, historical, political, psychological, and legal concepts relating to the management of sport. In addition, topics crucial for management positions, including the necessary professional skills and attitudes of sport managers are discussed. There are many management positions available in the sport industry, and exploring each, in detail, gives the student a firm understanding of what sport management entails. (4.0 credits)

### **PHDSMM-102      Advanced Contemporary Sports Management Concepts II**

This course is a further continuation of Advanced Contemporary Sport Management Concepts I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of sport management, including external and internal factors, branding community relation, public relations, media, and fluctuations within the market. The student will be taught how to employ critical thinking skills that will help one to recognize and identify the important elements within sport facility and event management, as well as the ability to clarify the current challenges that sports managers are faced with. (4.0 credits)

### **PHDSMM-103      Advanced Sports Marketing Theories I**

This course provides an introduction for advanced sport marketing techniques, including the sport marketing mix, marketing research, sport marketing information systems, sport consumer behavior, sport management, sales management in sport, purchasing, and supply chain management. This course teaches the fundamental and theoretical concepts that will enable the student to dramatically increase his/her knowledge of the sport marketing industry. (4.0 credits)

### **PHDSMM-104      Advanced Sports Marketing Theories II**

This course is a further continuation of Advanced Sports Marketing Theories I that will help, you, the student, to develop a deeper knowledge and insight into the various aspects of the sport marketing industry with advanced marketing theories related to communication concepts, sport advertising and promotion, sport sponsorship and sport retail management, sport e-business and e-commerce, and, finally, international and global marketing in sport. Real world applications prepare the student for entry into the sport marketing field with a professional attitude that will be required for one to excel in the pursuit of a career in sport marketing. (4.0 credits)

**PHDSMM-105****Creating a Profitable Sports Counseling & Coaching Career**

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice. (4.0 credits)

**PHDSMM-106****Sports Counseling Practice**

This course teaches the legal "ins & out's" and "do's & don'ts" of a "Sports Nutrition Consultant Practice." The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Sports Nutrition Practitioner or Sports Nutritionist to show clients and students how to restructure their thinking processes to overcome self-sabotage, while achieving amazing successes in their healthful living habits. (4.0 credits)

**PHDSMM-107****Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" for attaining maximum power, strength and endurance. The Applied Science of Sports Nutrition validates why a "Vegan College" or "Vegetarian College" provides "Sports Nutrition" that is superior to conventional "Sports Nutrition" that is offered by other "Sports Management Colleges," "Sports Colleges," "Sports Schools" or "Sports Nutrition Certification" Schools. Our "Sports Nutritionist" graduates are simply superior experts in the art of "Natural Sports Nutrition" to help the sports athletes to attain maximum power, strength and endurance for optimum athletic performance. (4.0 credits)

**PHDSMM-108****Thesis**

The student will prepare a 2,500-word, typed, double-spaced thesis on how the courses in this Doctorate Program can be applied in one's life. Material may be drawn from the various courses in the Doctorate Program. (4.0 credits)



**PHDSMN-109-E The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

***Elective marked: “ — E.” is suggested but NOT required for the above Program***

## **CERTIFIED SPORTS NUTRITION CONSULTANT & PRACTITIONER**

**CSNCP-101**

### **Advanced Holistic Sports Nutrition I:**

#### **Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

**CSNCP-102**

### **Advanced Holistic Sports Nutrition II:**

#### **Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

**CSNCP-103**

### **Advanced Applied Nutrition**

This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet.

This course also examines the effects of eating raw fruit on specific health conditions such as Candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight. The Holistic Nutritionist is the perfect Sports Nutritionist to teach in our "Sports School" the Hygienic Natural Health and nutrition philosophy, which is an advanced applied nutrition concept in "Sports Management." (4.0 credits)

**CSNCP-104**

**Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that the "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. (4.0 credits)

**CSNCP-105**

**Creating a Profitable Sports Counseling & Coaching Career**

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice. (4.0 credits)

**CSNCP-106-E**

**The Mind of The Spirit**

This course will help you to learn the contrast between the "*flesh*" and "*spirit*." The course will teach you that "minding the spirit" ("one's way of thinking" or "mind-set") will empower you with God's active force. This course will teach that if you "sow with a view to your flesh, you will reap corruption from your flesh," but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

**Elective marked: " — E." is suggested but NOT required for the above Program**

## **CERTIFIED HOLISTIC SPORTS NUTRITION CONSULTANT & PRACTITIONER**

**CHSNC-101**

### **Advanced Holistic Sports Nutrition I:**

#### **Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

**CHSNC-102**

### **Advanced Holistic Sports Nutrition II:**

#### **Applied Science of the Acid Alkaline Balance Diet**

This course presents the most advanced applied food concepts on correct holistic sports nutrition. It will examine the importance and catalyzing role of digestive enzymes and assimilation of food nutrients, as they relate to the acid/alkaline/balance diet for increasing a person's power, strength and endurance by as much, at times, as 50% to 100%. Unlike the "Sports Nutrition Dietitian," we do not promote acid-forming diets that weaken the quality of body tissue, which leaves the athlete prone to needless sports injuries, which could have been avoided, due to bad sports nutrition practices. Our "Sports Nutrition Experts" promote an alkaline-forming diet that oxygenates body tissue to a healthier state of health, which will help the sport athlete to attain and maintain the ultimate power, strength and endurance during their athletic performances. (4.0 credits)

**CHSNC-103**

### **Advanced Applied Nutrition**

This course details the ideal sources and correct rations for the three caloronutrients, as well as for all other nutrients, that demystifies all health concerns related to the consumption of raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature and how to correctly utilize the "nutrient-per-calorie" concept for evaluating the nutritional content of any meal or diet.

(4.0 credits)

**CHSNC-104****Advanced Natural Health I**

This course presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

**CHSNC-105****Advanced Natural Health II**

This course is a continuation of Advanced Natural Health I and further presents the greatest, Hygienic Natural Health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of natural health by natural, unadulterated means to attain superior natural health, power, strength and endurance. The serious natural health athlete will learn how to apply the ancient secrets and principles of accelerated energy recuperation and regeneration for optimum cellular power, strength and endurance for athletic peak performance. (4.0 credits)

**CHSNC-106****Applied Science of Sports Nutrition & Physiology**

This course presents a modern and thoroughly up-to-date 21st century study on the physiology of the human organism with a specific focus on the physiology of the digestive tract as it relates to sports nutrition for optimum power, strength and endurance. "You are not what you eat but what you assimilate that determines your power, strength and endurance." "Vegan athletes" and "vegetarian athletes," especially "raw food athletes" and "raw vegan athletes," have proven that a vegan athlete on a "vegan athlete diet" and "vegetarian athlete diet" provides the "ultimate sports nutrition" and "natural sports nutrition" for the "maximum muscle sports nutrition" and "sports nutrition endurance for athletes." "Vegan sports nutrition" and "vegetarian athlete nutrition" is the "ultimate sports nutrition" and "power sports nutrition" for attaining maximum power, strength and endurance. (4.0 credits)

**CHSNC-107**

**Creating a Profitable Sports Counseling & Coaching Career**

The purpose of this course is to teach the student how to effectively develop a Professional Coaching or Counseling Practice. It will teach you how to successfully attract clients, and it will also teach you how to successfully market your Professional Coaching or Counseling Practice. (4.0 credits)

**CHSNC-108-E**

**The Mind of The Spirit**

This course will help you to learn the contrast between the “*flesh*” and “*spirit*.” The course will teach you that “minding the spirit” (“one’s way of thinking” or “mind-set”) will empower you with God’s active force. This course will teach that if you “sow with a view to your flesh, you will reap corruption from your flesh,” but if you sow with a view to the spirit, you will reap everlasting life. You must choose life in order that you may live. (4.0 credits)

**Elective marked: “ — E.” is suggested but NOT required for the above Program**

# *Energy Robbers! Cut Your Losses!®*

*Thank you for your time and interest. For further information, please call the College or write us at the address below. We would appreciate hearing from you to answer any of your questions and/or to consider your thoughts in reference to the Catalog or curriculum offered at the Colleges & Universities of Natural Health. Please contact us. We will value your opinion!*

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