

*"The World's Only Alternative Hygienic Schools, Universities,
Colleges, and Institutes of Natural Health™"*

College of Natural Health

"Certified H.D.s™ (Hygienic Doctors™) are the Hygienic Alternative Health Counseling Specialists™"

**"The Only Alternative Health Degree-Granting School, College,
and University of Natural Health,™" "Educating and Producing The World's
Only Hygienic Doctors™ (H .D.s™), Hygiologists, Ministers, and HygioPhysiologists"®**

*The World's Exclusive Educators of Natural Health Doctors,
Doctors of Holistic Nutrition, Doctors of Natural Healing,
and Holistic Doctors*

*A special "Thank You!" goes to Donald Morrissette and
Victoria BidWell, Ph.D., for their expert language skills
in editing for the College of Natural Health.*

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Letter from The Academics' Director

Dear Prospective Student,


As Director, I would like to congratulate you for taking the initiative toward attaining your educational goals at the College of Natural Health.

The Degree Programs at the College of Natural Health, our Nutrition Schools, Natural Health Schools and Schools of Natural Healing will enable you to gain knowledge in the Natural Health and Healing Disciplines. This life-saving knowledge is necessary, not only for your own edification and to the advantage of your friends and relatives, but to also allow you to function as a professional health counselor. This could lead to a rewarding and profitable career through helping people to restore and preserve their health.

The College of Natural Health, our Nutrition Schools, Natural Health Schools, and Schools of Natural Healing employ a nontraditional method of study designed to enable you to take advantage of the convenience of a home study program while earning degrees. This method will easily allow the scheduling of study around job and family obligations, while at the same time, allowing you the opportunity to earn credits toward degrees. These credits may also formalize past achievements, work histories and personal life experiences. I would like to take the opportunity to personally thank you for your consideration and for your interest in the College of Natural Health. I invite you to walk this new path with us as you discover the truths and joys of Spectacular Health!

May you prosper in good health!

Sincerely,

A handwritten signature in cursive script that reads "Paul Fanny". The signature is written in black ink and is positioned above the printed name.

Paul Fanny, Ph.D., H.D.™

Academics' Director

Our Natural Health Mission Statement

The purpose of the College of Natural Health, our Nutrition Schools, Natural Health Schools, and Schools of Natural Healing is to provide opportunities for the professional, career-minded, working student who chooses to further his or her formal education in holistic natural health and healing and/or nutrition with a practical alternative to traditional, on-campus residency at colleges and universities. As a leading School of Natural Healing, we realize that family pressures, time constraints, and strained family budgets can pose insurmountable obstacles to overcome aspirations to return to school and earn credits leading toward a degree and a part-time or full-time professional health counseling career.

Recognizing this dilemma, all students at the College of Natural Health have discovered the benefits of our nontraditional, home study, accredited programs, provided through our correspondence courses. Students have the opportunity to dramatically reduce their study time while earning college credits toward post-secondary degrees or credits toward certified courses. Students also have the opportunity to schedule their time around job and family obligations, complete courses at their leisure, eliminate traveling time, and take advantage of our varied, monthly financial payment plans. Also, we provide the option for the student to communicate directly with an assigned tutor or advisor for assistance and instruction from his or her personal learning environments. At the College of Natural Health, we make every effort to provide our students with every opportunity to attain their personal, educational, and career goals.

Nontraditional study at the College of Natural Health provides the opportunity for students to apply earned credits toward a degree in many ways. These earned credits may have been achieved through various means: work/life experiences, curriculum studies, workshops, credit transfers, proficiency examinations, job training assignments, seminars, military training programs, and independent reading and writing experiences. A student must complete a “Profile Equivalency Credit Evaluation Report” to determine the number of earned credits that may be applied toward our College natural health degrees.

More people than at any other time in history are concerned with their health, and individuals are realizing the need of learning how to take charge and be responsible for their own health and wellness. Medical insurance costs are skyrocketing, and individuals simply cannot afford to be sick. People need to be instructed in and guided to a lifestyle that will enable them to attain and maintain vibrant health. Those who are not well need to learn how to recognize and acknowledge the true cause of their ailments. By doing so, they will automatically become less dependent on the so-called “miracles” of modern medical technology.

We at the College of Natural Health, our Nutrition Schools, Natural Health Schools and Schools of Natural Healing will teach you the science of health restoration and its preservation through the Holistic Natural Health practices (also referred to as Natural Hygiene).

As a professional, you will be compensated in many ways by pursuing the challenging and exciting experience of teaching the Holistic Natural Health science of Hygienics and Natural Health Practices to all those in your sphere of influence! Finally, the financial gains from your knowledge and instruction will enable you to maintain a professional career, as you enhance a healthier way of life for all with whom you come in contact.

Non-discrimination

The College of Natural Health is in compliance with all requirements imposed by or pursuant to Title VI of the Civil Rights Act of 1964 and the regulations issued there under, to the end that no person in the United States, shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity sponsored at this institution. Further, as prescribed in Section 504 of the Rehabilitation Act of 1973, this institution does not discriminate against the handicapped in admission, employment, or activities.

Natural Health Home Study Program(s)

The College of Natural Health is a long distance institution of higher learning. As a correspondence school, it allows the student to study and work at his or her own pace and in their own personal environment. Initially, most students will undoubtedly enroll in a Program, or sequence of Programs, for their own edification, to learn the basics so as to improve their immediate situations. Excited by what they learn in these beginning studies, many will just naturally want to share this knowledge! Our curriculum teaches these students to share their studies in both formal and informal settings and will help provide the skills they need. These students often begin seeing themselves taking on part-time or full-time careers in Natural Health; and for these motivated individuals, the sky is the limit above this new field of dreams! Students greatly benefit from the college's flexible and innovative approach to health. Never has there been such an extensive, natural health study program. You will be well satisfied with your new-found knowledge of nature, and your perceptions and approach toward wellness will be unparalleled by any other system of health care in the world!

Accreditation

The College of Natural Health is a national and international, nontraditional school, granting post-secondary natural health degrees and holistic nutrition degrees.

We are accredited by “The H.D.A.,” a global international accrediting organization, for distance learning, that is authorized in the United States and *Internationally*. This ensures that our students will be well-qualified at the post-secondary level after completing our educational programs. The quality and standards of our course instruction and methods are maintained at the highest, educational level: “in keeping with our Natural Health philosophy.”

Natural Health Practices—Defined!

We at the College of Natural Health define the Holistic Natural Health and Nutrition practices and Natural Hygiene as a principled, belief system in the restoration and preservation of health by natural, unadulterated means and conditions such as the following: pure water, sunshine, exercise, clean air, cleanliness, proper diet, sleep, rest, correct temperatures, relaxation, poise, and a good mental and spiritual attitude.” Our Natural Health practices are, therefore, inclusive of the human spirit, mind, and body. We at the College of Natural Health teach students how to teach others the basic principles and conditions for health, by first identifying them, and then by incorporating them properly into a lifestyle that secures optimum health. Students must then study the strict guidelines relative to the laws of nature and become familiar with them and live them with a strong degree of proficiency before they can help themselves and teach others a Holistic Natural Health lifestyle that secures optimum natural health.

What Our Doctors Do Not Do!

Diagnose Disease: The true Natural Health and Healing practices of our Natural Health Doctors and Counselors, do not diagnose disease. Our Doctors analyze and evaluate conditions, symptoms, and lifestyle habits.

Treat Disease: The true Natural Health and Healing practices of our Natural Health Doctors and Counselors do not treat any specific disease, because all disease is simply the general result of one cause: Toxicosis (Toxemia). Our Doctors teach Natural Health principles and lifestyle habits that will remove the root, lifestyle causes of Toxemia and that will, therefore, restore health and prevent disease.

Prescribe Drugs: The true Natural Health and Healing practices of our Natural Health Doctors and Counselors, do not believe in the drug/cure paradigm, and do not prescribe drugs. Furthermore, the use of vitamin, mineral, and herbal supplementation is not

prescribed in the practices of our Natural Health Doctors. Rather, our Natural Health Doctors depend on naturally occurring vitamins, minerals, and other nutrients built into the plant structure of proper foods for human life that promote optimum health.

Employ Medical & Alternative Procedures: The true Natural Health and Healing practices of our Natural Health Doctors and Counselors do not employ the medical procedures, inclusive of but not limited to surgery, radiation, and chemotherapy. Our Natural Health Doctors support medical intervention only in a crisis to save a life, such as to revive a stopped heart, to perform surgery when a birth canal is not large enough, to remove diseased and/or defective tissues that are life-threatening, to use medication to relieve unbearable pain, and to employ other life-saving procedures not in the aforementioned. Our Natural Health Doctors, do not employ any of the alternative procedures reflected in these so-called “alternative health care systems”: Homeopathy, Herbology, Colonic Therapy, Naturopathy, Chiropractic, Acupuncture, Aromatherapy, Reflexology, Hydrotherapy, Rebirthing, Acupressure, Magnetism, Urinology, etc. To the extent, however, that all of these alternative procedures reflect our Natural Health teachings, these alternative procedures are sound, invigorating, and beneficial; and to the degree that these various alternative health care procedures do not reflect our true teachings, these alternative care procedures are false, enervating, and harmful.

Academic Objectives

The goals of the College of Natural Health, our Nutrition Schools, Natural Health Schools, and Schools of Natural Healing are twofold: first, to provide students with the education needed in the Natural Health field, which is the “only alternative for genuine health”; and second, to teach students how to teach others through a consultant health practice. Our objectives are to educate and to graduate professional Natural Health Doctors, Doctors of Holistic Nutrition, Doctors of Natural Healing, and Holistic Doctors.

Enrollment Procedures & Instruction

When a student enrolls at the College of Natural Health, the student will be asked to fill out admission forms, after which an advisor shall be assigned to help and guide the student through the process of enrollment. Once the student is enrolled, the advisor will see that the student receives all necessary materials pertaining to the chosen Program of study. Any questions stemming from the Program of study will be answered by the assigned tutor, whose role it will be to help and guide the student through the enrollment process and courses.

Lessons & Procedures

All lessons will require reading material, and some also require videos. Study of the material will be followed by short Self-Help Quizzes. Progress Tests will be followed by Final Examinations. The student will be allowed to go at his or her own pace, which is one of the great benefits of distance learning through correspondence. There are no time limits for completing courses. After completing courses with a satisfactory grade, and after paying the full tuition for the courses taken, a degree will be issued and mailed to the student no later than four to six weeks.

Academics Admissions Policy

There are educational requirements for those seeking to enroll at the college. A high school diploma or G.E.D. is required to enroll in the Bachelor's Degree Program. Students desiring a Master's Degree Program must have completed the Bachelor's Degree Program, and those desiring the Doctorate Programs must have completed the Master's Degree Program. Upon the college's evaluation, student transfer credits from another school may be accepted on an individual basis.

Confidential Records

All records are confidential, except general information under the "Family Educational Rights and Privacy Act." If a student does not want any information released, it must be stated in writing. Students have the right to access their records.

Diplomas

All diplomas with the seal of the College of Natural Health will be sent, once all financial and academic obligations have been met.

Grading System

The College of Natural Health issues grades based on a G.P.A. system (grade point average system). A 4.0 G.P.A. is the highest level, while 0.0 is the lowest level. A level of 2.0 must be achieved for the undergraduate and certificate Programs, while a 3.0 must be achieved for the graduate programs.

Grading Reports

All grading reports will be sent after all financial and academic obligations have been met.

Transcripts

Upon written requests and provided all academic and financial obligations have been met, students may request their transcripts to be sent to other schools or employers.

Credit & Degree Transfers

All credit and degree transfers will be determined on an individual basis. All transcripts requested by the college will be released and sent directly to the college for approval and recognition. Transferring credits and degrees attained at the college to another college or institution is at the discretion of the accepting institution, college, or university; and it is the student's responsibility to confirm whether credits will be accepted. All credit and degree transfers must be submitted in writing to the college, provided that all financial responsibilities have been met and satisfied. All similar, certified courses at the college can be credited and transferred toward the B.S., M.S., and Ph.D. Programs.

Credit Inter-Program Transfers

Credits earned in the Master's Degree Program may be transferred into the Bachelor's Degree Program only. Since there is an excess of credits, traditionally speaking, in the Master's Degree Program, the credit transfers allow students more creativity and personal preference with their electives and with the total credit requirements for the Bachelor's and Master's Degree Programs. All similar, certified courses at the college can be credited and transferred toward the B.S., M.S., and Ph.D. Programs.

Credit Requirement & Electives

We at The College of Natural Health have no traditional credit requirement for completing any of our degree Programs; course completion is the requirement of every degree Program.

Credit for Work/Life Experience

A student who meets the minimum admission requirements may qualify for equivalency credits that convert to credits that can meet the general education requirements found at most universities and colleges. These requirements may be met by work, personal life, and/or professional experiences such as the following: training seminars, military training programs, workshops, independent reading studies, curriculum studies, proficiency examinations, job training, and through other means which shall be determined by a "Profile Credit Equivalency Assessment" conducted by the College of Natural Health. Completion certificates may be requested by the college for such experiences.

Verification of knowledge and material the student wishes to submit should be sent in a portfolio format for evaluation and assessment.

Degree-granting Authority

As a global, long-distance, correspondence school, the College of Natural Health reserves the right to grant post-secondary degrees in any American state or foreign country that authorizes the school, according to its articles and by-laws, to operate as an educational organization in accordance with state and governmental laws and statutes of the aforesaid. The American states or foreign countries may vary according to location designated by the Board of Directors. Upon completion of all Degree Programs and providing all contractual obligations have been fulfilled and completed, the student will be informed as to the origin of the “degree-granting authority,” according to the administrative policies, governmental laws, exemptions, state statutes, and requirements that are in place at that time.

Tuition, Fees & Refunds

See page 12 of this Catalog for the “Cost of Degree Programs.” The amount shown for each College of Natural Health Program is the total cost for tuition, a complete set of books and examinations, teacher guidance and test evaluations, grade reports, and an embossed diploma. Shipping & Handling costs are itemized separately. The student will also be responsible for incidentals, for example, the cost of postage when mailing Progress Tests and Final Examinations to the school to be graded. In the event that students already own textbooks required for any given course, The College cost of such materials will be deducted from the cost of the Program; and students will be allowed to make use of their own materials, rather than purchase them from the college. The college does NOT charge extra fees for such activities as grading and returning examinations, reading and evaluating dissertations, etc.

Tuition Inclusions & Miscellaneous Fees

Monthly plans will be available for payments on a per individual basis. *There will be no tuition refunded after (3) working days from the date a student receives his or her Program(s), as validated by United States Postal Service records sent to The University. All shipping and handling charges are non-refundable.*

Withdrawal Policy

There will be no tuition refunded after (3) working days from the date a student receives his or her Program(s), as validated by United States Postal Service records sent to the University. There will be a \$150 non-refundable processing fee for enrollment and a \$150

restocking fee on all orders returned. Students who withdraw within (3) working days of receiving their Program will be responsible for all shipping and handling charges for returning their Program. All Program shipping and handling charges, to and from the student, are non-refundable. Unexpected life circumstances may force a student to withdraw from our Programs. If this should happen, the student may be entitled to a refund, depending on how long the enrollment has been ongoing, how promptly all books and materials have been returned, and the condition of all books and materials returned. If the student withdraws within 30 days of enrollment and returns all books and materials in excellent condition within two weeks of the withdrawal date, a complete refund, less the shipping & handling costs(including a \$150 restocking fee), may be made. For all other withdrawal situations, The University's "withdrawal schedule" is the greater of the "either/or" situations as follows:

31 to 60 days Either \$250 minimum or 75% of tuition paid
61 to 90 days Either \$175 minimum or 50% of tuition paid
91 to 120 days Either \$100 minimum or 25% of tuition paid
More than 120 days No Refund.

Shipping & Handling

For students living within the continental United States, Programs are usually shipped by United States Postal Service, Ground Rate. There is a Shipping & Handling charge of \$95.00 *per degree Program*. All shipped orders that are refused will carry additional returned shipping and handling charges. All shipping and handling charges are non-refundable.

All students living outside the U.S. shall be responsible for all foreign country import and other taxes. Additional Shipping & Handling charges outside the U.S. shall apply. While some of our most popular courses are available for immediate shipment, others are not. Since Programs are tailored to each student's needs, a certain amount of individualized work must be done in preparation for shipping. Please note that if any books or materials are on back order, they will be shipped at our expense. Accordingly, students will be notified as to when they can expect to receive their courses. All shipped orders that are refused will carry additional returned shipping and handling charges. All shipping and handling charges are non-refundable.

Life after Graduation

The College of Natural Health is not required to help the student once he or she is practicing in the field; but we will be eager to guide all students through our available, chartered franchises, created especially for students interested in setting up practices as

Natural Health teachers and counselors. Assistance will be available for the newly graduated, serious-minded, Holistic Natural Health Practitioner.

Degrees Programs Offered

The College of Natural Health, our Nutrition Schools, Natural Health Schools, and Schools of Natural Healing are the only world-wide, post-secondary institutions offering “Holistic Nutrition Degrees,” and “Natural Health Degrees” in the health philosophies that we teach. Students are presented with the opportunity of a lifetime to become part of an elite class of natural health doctors possessing a specialized knowledge concerning natural health and its restoration and preservation through natural, unadulterated means and methods in the health philosophies that we teach.

Bachelor of Science in Holistic Natural Health & Nutrition.....	B.S.
Master of Science in Holistic Natural Health & Nutrition.....	M.S.
Doctor of Philosophy in Holistic Natural Health	PH.D.
Doctor of Philosophy in Holistic Nutrition.....	PH.D.

*We at the College of Natural Health realize that a student may elect to stop furthering their studies after earning just one degree. It is important to keep in mind, however, that earning the Doctorate Degree would be extremely beneficial regarding the extra depth of knowledge acquired, in addition to the vastly increased credibility and respect these credentials would command in the eyes of the community members. Not only would a Doctoral Degree be personally and socially beneficial, but the financial rewards after opening a health teaching and counseling business would be greatly increased, as well. It is our intention at the College of Natural Health that all of our students prosper in health, mind, and body through their wise decision-making!

COST of DEGREE PROGRAMS

(Tuition) (Monthly Plan)

		18 mos.
Bachelor of Science in Holistic Natural Health & Nutrition ...	\$1,595	\$61.12
Master of Science in Holistic Natural Health & Nutrition	\$1,995	\$83.34
Doctor of Philosophy in Holistic Natural Health (Ph.D.)	\$1,995	\$83.34
Doctor of Philosophy in Holistic Nutrition (Ph.D.)	\$1,995	\$83.34

Alternative Degree Combination Programs

(Tuition) (Monthly Plan)

		36 mos.
M.S./Ph.D.....	\$3,370	\$79.87
B.S./M.S./Ph.D.....	\$4,090	\$99.87

AN INITIAL DEPOSIT OF \$495.00 IS REQUIRED ON ALL DEGREE PROGRAMS

COLLEGE OF NATURAL HEALTH™

NATURAL HEALTH DEGREE STUDY PROGRAMS & HOLISTIC NUTRITION STUDY PROGRAMS

BACHELOR of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION

- BHHN - 101** Humans' Natural Biological Diet
- BHHN - 102** Holistic Nutrition: Introduction
- BHHN - 103** Advanced Natural Health Lifestyles & Philosophies
- BHHN - 104** Advanced "Applied" Nutrition

MASTER of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION

- MHHN - 101** Superior Foods & Nutrition
- MHHN - 102** Phytochemical Composition of Foods Relating to Health
- MHHN - 103** Advanced Holistic Nutrition Part I
- MHHN - 104** Advanced Holistic Nutrition Part II

DOCTOR of PHILOSOPHY in HOLISTIC NATURAL HEALTH

- DHNH - 101** *Maximum*, Body Energy & Energy Healing Concepts
- DHNH - 102** Psychoneuroimmunology
- DHNH - 103** Advanced Natural Health Part I
- DHNH - 104** Advanced Natural Health Part II
- DHNH - 105** Natural Health Counseling Practice: The Legal Requirements & Responsibilities of a Natural Health Practitioner

DOCTOR of PHILOSOPHY in HOLISTIC NUTRITION

- DHN - 101** *Maximum*, Body Energy & Energy Healing Concepts
- DHN - 102** Advanced Natural Health Part I
- DHN - 103** Advanced Natural Health Part II
- DHN - 104** Holistic Nutrition Counseling Practice: The Legal Requirements & Responsibilities of a Holistic Nutrition Practitioner

COLLEGE OF NATURAL HEALTH™

PROGRAM COURSE DESCRIPTIONS

BACHELOR of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION

- BHHN – 101** **Humans’ Natural Biological Diet**
This course teaches the benefits of eating raw foods as a superior form of nutrition.
- BHHN – 102** **Holistic Nutrition: Introduction**
This course presents the most advanced concept in correct food nutrition. It also introduces what is Hygienically acceptable to eat and how to properly combine foods for optimum nutrition and health.
- BHHN – 103** **Advanced Natural Health Lifestyles & Philosophies**
This course covers all aspects of Hygienic, natural health required to attain superior health and a practical, healthful way of living. The primary topics covered include the following: Detoxification, Causes of Disease, Pure Air, Pure Water, Adequate Rest and Sleep, Correct Temperatures, Sunlight, Regular Exercise, Mental and Emotional Balance (which includes Freedom from Addiction, High Self-esteem, a Motivated and Purposeful Life, and Meaningful Goals), and Loving and Nurturing Relationships. You will also come to understand the great health benefits of a Hygienic diet and a raw-plant-based, vegetarian diet, vegan diet and raw food diet that are properly food-combined for optimum health and nutrition.
- BHHN – 104** **Advanced “Applied” Nutrition**
This course details the ideal sources and correct ratios for the three *caloronutrients* as well as for all other nutrients, and demystifies all health concerns related to eating raw fruits and vegetables. The student will learn how to determine his/her true dietetic nature, and how to correctly utilize the “nutrient-per-calorie” concept for evaluating the nutritional content when planning meals. The course also examines the effects of eating raw fruit on specific health conditions such as candida, chronic fatigue, diabetes, cancer, simple-carbohydrate deficiencies, and the healthful management of weight.

MASTER of SCIENCE in HOLISTIC NATURAL HEALTH & NUTRITION

MHHN – 101 Superior Foods & Nutrition

This course covers the nutritional values (vitamins and minerals) of natural foods and presents the superior advantages of organic farming versus chemical farming. The course also exposes the destructive and unbalanced methods of commercial farming and their toxic effects on human consumption. This course teaches you, step-by-step, with pictured illustrations, how to garden in a home-restricted area, as well as how to farm on a larger piece of land. No horticultural course compares, or is as complete, in its well-rounded wealth of easy to understand and practical information!

MHHN – 102 Phytochemical Composition of Foods Relating to Health

This course examines the analysis of nutrients in various plants and the effects of these nutrients on various parts of the body needed to maintain the processes of health.

MHHN – 103 Advanced Holistic Nutrition Part I

This course presents the most advanced concept on food nutrition, more accurately termed, “orthotrophology,” which means “correct nutrition.” It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health.

MHHN – 104 Advanced Holistic Nutrition Part II

This course is a continuation of Advanced Nutrition Part I and further presents the most advanced concept on food nutrition, more accurately termed, “orthotrophology,” which means “correct nutrition.” It is Dr. Herbert M. Shelton’s greatest and most complete work on correct food nutrition and its impact on health.

DOCTOR of PHILOSOPHY in HOLISTIC NATURAL HEALTH

- DHNNH – 101** **Maximum, Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is also the key for healing disease holistically and Hygienically, and for its prevention.
- DHNNH – 102** **PsychoNeuroImmunology**
This course provides an excellent overview of the science of Psychoneuroimmunology and its philosophies, which laid the groundwork for modern-day “mind/body” healing techniques in the medical and healing arts worlds. The student's attention is drawn to many experiments, proving the authenticity of the concepts unique to Psychoneuroimmunology.
- DHNNH – 103** **Advanced Natural Health Part I**
This course presents the greatest Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of health by natural, unadulterated, Hygienic means.
- DHNNH – 104** **Advanced Natural Health Part II**
This course is a continuation of Advanced Natural Health Part I and further presents the greatest Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of health by natural, unadulterated, Hygienic means.
- DHNNH – 105** **Natural Health Counseling Practice: The Legal Requirements & Responsibilities of a Natural Health Practitioner**
This course teaches the legal “in's & out's” and “do's & don't's” of a Natural Health counseling practice. The course also presents very advanced and highly effective counseling techniques that will enable the Natural Health Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits!

DOCTOR of PHILOSOPHY in HOLISTIC NUTRITION

- DHN – 101** **Maximum, Body Energy & Energy Healing Concepts**
This course presents the most advanced concepts on how to increase and maintain the body's maximum nerve energy for maximum health, physical strength, and endurance. Maximum nerve energy is also the key for healing disease holistically and Hygienically, and for its prevention.
- DHN – 102** **Advanced Natural Health Part I**
This course presents the greatest Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in depth, the true art and concepts of the restoration and preservation of health by natural, unadulterated, Hygienic means.
- DHN – 103** **Advanced Natural Health Part II**
This course is a continuation of Advanced Natural Health Part I and further presents the greatest Hygienic laws and natural health concepts laid down in the 20th century by Dr. Herbert M. Shelton. The student will learn, in even further depth, the true concepts of the restoration and preservation of health by natural, unadulterated, Hygienic means.
- DHN – 104** **Holistic Nutrition Counseling Practice: The Legal Requirements & Responsibilities of a Holistic Nutrition Practitioner**
This course teaches the legal “in’s & out’s” and “do’s & don’t’s” of a Holistic Nutrition counseling practice. The course also presents very advanced and highly effective counseling techniques that will enable the Holistic Nutrition Practitioner to show clients and students how to restructure their thinking processes to overcome self-sabotage and to achieve amazing successes in their healthful living habits!

**“ALL COURSES AND MATERIALS ARE SUBJECT TO CHANGE
AT THE DISCRETION OF THE COLLEGE OF NATURAL HEALTH”**

“If It’s Wholistic, It’s Hygienic!”SM

Thank you for your time and interest. For further information, please call The College or write us at the address below. We would appreciate hearing from you to answer any of your questions and/or to consider your thoughts in reference to the Catalog or curriculum offered at The College of Natural Health. Please contact us. We will value your opinion!

CONTACT INFORMATION:

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